Name: _____ **Date:** _____

Family Life and Health

HIV and AIDS

Read the following passage and answer the questions.

HIV and AIDS

HIV –is a virus that means (Human Immunodeficiency Virus) When this virus attacks the immune system, it makes it weak and unable to protect against infections and diseases.

HIV – is different from the other communicable diseases because it is an STI and it requires contact with body fluids such as blood, saliva, urine, etc. It has no cure or vaccine to prevent it.

AIDS - (acquired immunodeficiency syndrome) - is a virus which attacks the immune system, making it weak and unable to protect against infections and diseases.
STI means (Sexually transmitted Infection)

Transmission of HIV:
HIV is carried by body fluids such as blood, semen, vaginal fluids, and breast milk of an infected person. It is generally passed on through:

- Unprotected sexual intercourse;
- Blood transfusion / Sharing needles;
- An infected woman to her baby during birth, or through breastfeeding

Non-Transmission of HIV:
The HIV virus does not pass through the air. You cannot get it from being in the same room with an infected person.
You cannot get it by touching or hugging, sharing pencils or hairbrushes or even food.
The HIV virus causes AIDS which stands for **Acquired Immune Deficiency Syndrome.**
People with AIDS die from other diseases they get such as pneumonia and cancer.

Prevention of HIV and AIDS:
Make choices that keep you healthy

- Abstain from sex until you are an adult or married
- Never use drugs. They impair your judgement
- Have one faithful sexual partner

Treatment of HIV and AIDS:
To date, there is no cure for HIV. Scientists have developed drugs to treat HIV infection. Drug treatment improves the survival time for patients.

Caring for Persons Affected by HIV and AIDS

- People who are HIV positive should be treated like everyone else, with respect and dignity.
- Get factual information about the disease.
- Show kindness, love, and support for persons living with and affected by HIV and AIDS.
- Do not spread gossip or discriminate against them.

NB* December is HIV and AIDS awareness month.

LIVEWORKSHEETS

1. When this virus attacks the immune system, it makes it _____ and _____ to protect against infections and _____

2. HIV is an _____ which requires contact with body fluids. It has no _____ or _____ to prevent it.

3. Select three ways one can be prevented from contracting AIDS:
   - Not traveling to other countries
   - Abstain from sex
   - Eating healthy
   - Never use drugs
   - Getting the Covid19 Vaccine
   - Have one faithful sexual partner

4. People who are HIV positive should be treated with _____ and _____.

5. You should never spread _____ about people that have contracted HIV.

6. HIV and AIDS awareness months is observed in which month?
   - June
   - August
   - October
   - December

7. HIV is passed from one person to another by:

8. Choose two ways that HIV cannot be transmitted to another person.

LIVEWORKSHEETS