

ENGLISH 7 - UNIT 2: HEALTH

PRONUNCIATION

I. Choose a word that has the underlined part pronounced differently from others.

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|------------------------|-----------------------|------------------------|-----------------------|
| 1. A. <u>co</u> munity | B. <u>co</u> llection | C. <u>ce</u> certainly | D. edu <u>ca</u> tion |
| 2. A. <u>sch</u> ool | B. <u>ch</u> emistry | C. <u>Ch</u> ristmas | D. <u>ch</u> ampion |
| 3. A. ga <u>m</u> e | B. aga <u>in</u> st | C. <u>g</u> ymnast | D. gr <u>e</u> at |
| 4. A. <u>h</u> oppy | B. <u>co</u> lour | C. <u>m</u> oney | D. <u>o</u> ther |
| 5. A. lau <u>gh</u> | B. rou <u>gh</u> | C. enou <u>gh</u> | D. ne <u>igh</u> bor |

II. Choose a word that has different stressed syllable from others.

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|------------------|-------------------|---------------|---------------|
| 1. A. active | B. harmful | C. healthy | D. enough |
| 2. A. vitamin | B. obesity | C. computer | D. depression |
| 3. A. business | B. hospital | C. effection | D. programme |
| 4. A. charitable | B. transportation | C. individual | D. situation |
| 5. A. disabled | B. colourful | C. wonderful | D. different |

VOCABULARY

1. I had ____ I think I ate too many sweet.
- A. flu B. cold C. toothache D. headache
2. I live eating ____ like fish, crab, shrimp, or squid.
- A. seafood B. fruits C. vegetables D. cakes
3. His head is very hot. He looks so tired. I think he has ____
- A. a temperature B. a cough C. a headache D. earache
4. Do volunteers often spend time helping other people in ____, orphanages or homes for the aged?
- A. capitals B. markets C. schools D. hospitals
5. During summer vacations, we teach children in ____ areas how to read and write.
- A. mountain B. urban C. mountainous D. suburd

VERB FORM

1. They ____ trees in public areas recently.
- A. plant B. planted C. have planted D. will plant

2. We ____ sick children in Hong Ngu Hospital last month.
A. visit B. visited C. have visited D. visits
3. Did he ____ to teach English to street children yesterday?
A. start B. has started C. have started D. started
4. Minh ____ some dishes for his family on his next birthday.
A. cook B. cooks C. will cook D. cooked
5. He ____ this poem when he was young.
A. writes B. has written C. have written D. wrote

WORD FORM

1. Do many people in your country ____ take care of others?
A. voluntarily B. volunteer C. voluntary D. volunteerism
2. If you bring ____ to others, you are also a happy person.
A. happy B. happiness C. happily D. happiest
3. Can you play any ____ instruments?
A. music B. musical C. musically D. musician
4. There are many ____ coming to Temple of Literature every year.
A. visitors B. visiting C. visited D. visits
5. Our class will have a trip to the Square. It's _____ in Hong Ngu Town.
A. locate B. location C. locates D. located

PREPOSITION

1. Dong Ho paintings are made _____ hand.
A. in B. with C. of D. by
2. Children are fond _____ cartoons.
A. with B. to C. at D. of
3. That singer has become very popular _____ the youth.
A. to B. of C. with D. at
4. My classmates are interested _____ watching Spiderman.
A. on B. in C. of D. up

5. The puppet are made _____ wood and then painted.

- A. of B. in C. from D. at

SPOKEN LANGUAGE

1. Nhu: "How long have you learnt English?"

Nam: " _____ "

- A. since 5 years B. For 5 years C. 5 years ago D. 5 years

2. Lan: "I dislike durian and tofu."

Nam: " _____ "

- A. Me, too. B. Me, to. C. Me, either. D. Me, neither.

3. Lan: "What sports do you like?"

Nam: " _____ "

- A. Well, I love football and swimming B. No, I don't know.
C. Yes, It is my favourite sport. D. I think it is boring.

4. Lan: "This suitcase is very heavy."

Nam: " _____ "

- A. Shall I carry it? B. It's very good of you.
C. I am very busy. D. Thanks you.

5. Lan: "I am very tired?"

Nam: " _____ "

- A. You should take a rest. B. would you like some coffee.
C. You should eat some food. D. You're welcome.

GRAMMAR

1. Mary thinks she _____ flu. She feels weak and tired.

- A. buys B. gives C. has D. have

2. If you go out with out wearing a hat, you will get _____ .

- A. spots B. sunburn C. an allergy D. toothache

3. You should take part _____ Recreational activities.

- A. to B. in C. for D. with

4. Louis, you should drink _____ water, your skin looks bad.

A. most B. less C. more D. least

5. Lan likes junk food, _____ her sister likes vegetables and fish.

A. or B. and C. so D. but

Choose the word(s) CLOSEST in meaning to the underlined words in each of the following questions.

1. He drinks too much coffee

A. less B. a little C. more D. a few

2. I am putting on my weight because I eat a lot of junk food.

A. losing B. becoming C. getting over D. looking up

3. You sound down Tom, are you?

A. feel happy B. feel sad C. feel fun D. feel interesting

4. He finds eating junk food. His weight is increasing.

A. getting down B. losing C. reducing D. putting on

5. The doctor says that we can avoid some illnesses by keeping ourselves clean.

A. diseases B. coughs C. headaches D. stomachaches

Choose the word(s) OPPOSITE in meaning to the underlined words in each of the following questions.

1. His head is very hot. I think he has a temperature.

A. cold B. tired C. strong D. weak

2. Peter likes eating fresh fruit.

A. enjoys B. dislikes C. dislike D. loves

3. People who smile more are happier, and they live longer.

A. taller B. bigger C. thinner D. shorter

4. Watching television too much is not good for your eyes.

A. healthy B. necessary C. bad D. useful

5. You should take part in outdoor activities.

A. indoor B. outside C. difficult D. easy

READING:

Read the following passage and circle the letter A, B, C, or D to indicate the correct word or phrase that best fits each of the numbers blanks.

It is important to (1)_____ well, especially when you are studying. If you are at primary school, you may not go home for lunch and have a cooked meal of meat or fish and vegetables. A chicken and lettuce sandwich, with some (2)_____ fruit would be light (3)_____ healthy lunch. Many people around the world eat plain, boiled two or three times a day. Pupils and students often don't eat (4)_____ when they are revising for an exam – they eat chocolate and drink a lot of black coffee! And by the way, doctors say everybody should start the day with healthy breakfast.

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|---------------|----------|--------------|----------|
| 1. A. have | B. has | C. eat | D. eats |
| 2. A. fresh | B. fried | C. boiled | D. steam |
| 3. A. because | B. but | C. therefore | D. so |
| 4. A. good | B. bad | C. quick | D. well |

Read the following passage and circle the letter A, B, C, or D to indicate the correct answer to each of the questions.

WE ALL NEED EXERCISE

The body needs exercise. Exercise uses up food and keeps the body strong. It makes your heart and muscles strong. Exercise also makes you feel good. If you exercise a few times a week, you will stay healthy and happy. Some people in America do not get enough exercise. They work in office buildings sitting in a chair all day in front of computers. They live far from their offices, and they have to drive their cars to get to work. Therefore, when they get home at night, they don't want to exercise after work.

Today, many Americans are overweight. This causes health problems for some people. Doctors say that exercise can help people both lose weight and improve their health. So, many people are trying to get more exercise. But it takes time to change, and when people do not see a difference right away, they **lose interest** in exercising.

1. The writer says that exercise_____.
- | | |
|------------------------------------|--|
| A. only makes your muscles strong. | B. send blood to your muscle. |
| C. is only done in a gym. | D. makes your heart work hard to send blood to your muscles. |

2. The writer mentions that in America, _____.
- A. many people spend much time driving to work.
 - B. most office workers can get a lot of exercise.
 - C. many people are overweight because they don't get enough exercise.
 - D. Americans don't like doing exercise.
3. Why don't the Americans get enough exercise?
- A. They find it difficult to exercise.
 - B. They don't have enough time to exercise.
 - C. They feel tired of exercising.
 - D. They don't want to lose weight.
4. According to the reading, which fact is NOT TRUE?
- A. Exercise makes you feel good.
 - B. Some people do not get enough exercise.
 - C. Many people have to drive their cars to work.
 - D. Many people don't want to get exercise after work because they are lazy.

WRITING

1. Because she wanted to stop her toothache, she took an aspirin.
- A. She wanted to stop her toothache because she took an aspirin.
 - B. She wanted to stop her toothache, or she took an aspirin.
 - C. She wanted to stop her toothache, so she took an aspirin.
 - D. She wanted to stop her toothache, but she took an aspirin.
2. How about going to the movies tonight?
- A. Let's going to the movies tonight. B. Let's go to the movies tonight.
 - C. Let's to going to the movies tonight. D. Let's to go to the movies tonight.
3. Sue started to eat a low carb diet two years ago.
- A. Sue eaten a low carb diet two years ago
 - B. Sue ate a low carb diet for two years ago
 - C. Sue have eaten a low carb diet for two years.
 - D. Sue has eaten a low carb diet for two years.