










1. Keep your body and things clean.
2. Brush your teeth every day.
3. Wash your hands.
4. Eat healthy food.
5. Don't use drugs, don't smoke or gamble.
6. Good relationships with your family.
7. Be careful! Avoid accidents.
8. Do exercise and sport regularly.
9. Be happy! Do things that are fun.
10. Do something good for the environment.

LIVEWORKSHEETS