Worksheet: Nutrient Deficiencies

Part I: For each description in column A, type the letter on the line of the answer it matches from column B. Each response in column B is used only once.

	Column A		Column B
1 _____	Mineral that helps to harden bones	A	Anemia
2 _____	Mineral that is needed to form haemoglobin	B	Ascorbic acid
3 _____	Another name for vitamin D	C	Beri-beri
4 _____	Vitamin that helps the body to use energy	D	Calciferol
5 _____	Is needed to help blood clot	E	Calcium
6 _____	Scurvy is caused by a lack of this vitamin	F	Deficiency
7 _____	Vitamin also called retinol	G	Fluoride
8 _____	Deficiency disease caused by a lack of iron	H	Iodine
9 _____	Vitamin that helps to harden bones	I	Iron
10 _____	Mineral that helps to harden tooth enamel	J	Rickets
11 _____	Another name for vitamin C	K	Vitamin A
12 _____	A lack of this mineral causes goitre	L	Vitamin B
13 _____	Bones are soft and deformed in this disease	M	Vitamin C
14 _____	To lack a particular nutrient in your diet	N	Vitamin D
15 _____	Disease caused by a lack of vitamin B-1 (thiamin)	O	Vitamin K

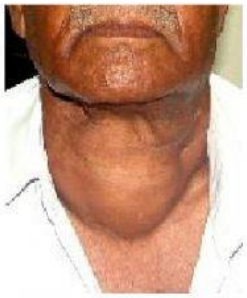
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Part II: For each picture shown, name the disease and the missing nutrient.

1 

Disease:_____

Nutrient missing:_____

2 

Disease:_____

Nutrient missing:_____

3 

Disease:_____

Nutrient missing:_____

4 

Disease:_____

Nutrient missing:_____

5 

Disease:_____

Nutrient missing:_____

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