

13 Describing your day

Use the present simple tense to talk about the things you do regularly: for example, when you normally go to work or eat lunch.

 **New language** The present simple

 **Aa Vocabulary** Routine activities

 **New skill** Talking about your daily routine

Aa 13.1 MATCH THE PICTURES TO THE CORRECT SENTENCES

- 1  Marion brushes her teeth at 7:20am.
- 2  Marion gets up at 6:30am.
- 3  Marion gets the bus at 7:45am.
- 4  Marion leaves work at 5pm.
- 5  Marion has a shower at 6:45am.
- 6  Marion has breakfast at 7am.
- 7  Marion goes to work at 7:30am.
- 8  Marion gets to work at 8:30am.



13.2 CROSS OUT THE INCORRECT WORD IN EACH SENTENCE

She **eats** / **eat** dinner in the evening.

- 1 I **wake** / **wakes** up at 6:30am.
- 2 He **gets** / **get** up at 6am.
- 3 She **have** / **has** a shower at 7am.
- 4 They **have** / **has** cereal for breakfast.
- 5 He **have** / **has** a shower before breakfast.
- 6 She **leaves** / **leave** home at 7:15am.
- 7 The bus **go** / **goes** every half hour.
- 8 I **get** / **gets** to work at 8:30am.
- 9 He **start** / **starts** work at 9am.
- 10 She **take** / **takes** an hour for lunch.
- 11 I **go** / **goes** to the sandwich shop for lunch.
- 12 They **eat** / **eats** lunch in the canteen.
- 13 He **finish** / **finishes** work at 5pm.
- 14 They **go** / **goes** home on the bus.
- 15 He **wash** / **washes** his car every weekend.
- 16 I **watch** / **watches** TV after dinner.
- 17 They **go** / **goes** to bed at 11pm.
- 18 He **sleep** / **sleeps** for eight hours.



13.3 FILL IN THE GAPS BY PUTTING THE VERBS IN THE CORRECT FORM

I eat She _____ eats

- 1 I have He _____
- 2 I start It _____
- 3 I leave He _____
- 4 I get up She _____

5 I go It _____

- 6 I wake up She _____
- 7 I wash He _____
- 8 I watch She _____
- 9 I finish It _____



13.4 FILL IN THE GAPS BY PUTTING THE VERBS IN THE CORRECT FORM



He _____ (finish) work at 5pm.

4 I _____ (drive) to work.

- 1 He _____ (get) up at 6:30am.

5 I _____ (have) lunch in the park.

- 2 He _____ (have) breakfast at 7am.

6 I _____ (work) eight hours every day.

- 3 She _____ (leave) home at 8am.

7 He _____ (go) to bed at 10:30pm.



13.5 SAY THESE VERBS OUT LOUD

starts



wakes



leaves



1 goes

4 gets

7 has



2 washes

5 watches

8 finishes



41

14 Describing your week

You can talk about your usual weekly activities using the present simple with time phrases. Time phrases are often formed using prepositions and days of the week.

 **New language** Days and prepositions

 **Vocabulary** Days of the week

 **New skill** Talking about your weekly routine



14.1 FILL IN THE GAPS USING THE WORDS "ON" AND "IN"



Peter plays soccer on Sundays.



I go to the movies on the weekend.



Lin goes swimming in the evening.



Joe starts work at 6pm on Mondays.



Alex goes fishing on the weekend.



You watch TV in the afternoon.



He eats lunch at 1pm on Fridays.



Harry plays tennis on Wednesdays.



Sam goes to the gym in the morning.



14.2 MARK THE SENTENCES THAT ARE CORRECT

I play soccer on Mondays.



I play soccer at Mondays.



① I work from Monday to Thursday.



I work of Monday to Thursday.



② My sister go swimming every day.



My sister goes swimming every day.



③ We go to the gym on Saturdays.



We go to the gym at Saturdays.



④ You read the newspaper in Sundays.



You read the newspaper on Sundays.



⑤ Peter goes to work on the weekend.



Peter goes to work from the weekend.



⑥ Jennifer goes to a café for Fridays.



Jennifer goes to a café on Fridays.



⑦ Sam and Pete work to 9am from 5pm.



Sam and Pete work from 9am to 5pm.



14.3 SAY THE SENTENCES OUT LOUD, FILLING IN THE GAPS

I leave early for work on Mondays.



7 Laura goes shopping on Tuesdays.



1 Pam works on Monday to Friday.



8 Peter gets up at 8am on Mondays.



2 I work at home on Thursdays.



9 We go to the gym on Thursdays.



3 Tom goes to the cinema on Fridays.



10 Gerald reads a book on the weekend.



4 I play soccer on the weekend.



11 Jane swims on Monday to Friday.



5 They work on Monday to Thursday.



12 John takes a bath on Fridays.



6 We go to bed at 9pm on Mondays.



13 Lizzy starts work at 9am on Fridays.



14.4 REWRITE THE SENTENCES, PUTTING THE WORDS IN THE CORRECT ORDER

every day. has She breakfast

She has breakfast every day.

4 goes to Joe college five times a week.



1 goes to Dan three times a week. the gym

5 once a week. washes her Clarice clothes



2 twice a week. goes to the cinema Sam

6 Jennifer twice a week. at 10am gets up



3 every day. We at 11:30pm go to bed

7 at 7pm every day. eat dinner We





14.5 REWRITE THE SENTENCES, CORRECTING THE ERRORS

I **wakes** up at 6:30am.

I wake up at 6:30am.

1 Bob **go swimming** on Thursdays.

2 I play tennis **on weekend**.

3 Jane and Tom go to the gym **three time** a week.

4 Angus works from **Monday on Thursday**.

5 I go to the movies **on weekend**.

6 Sam goes to college **Wednesdays**.

7 Jenny gets up **in 7am** every day.

8 Peter **work from** Monday to Friday.

9 Nina **go to bed** at 11pm every day.



14.6 READ THE EMAIL AND ANSWER THE QUESTIONS

Jim goes to the gym three times a week.

True False

1 Jim goes to work at 6am.

True False

2 Jim goes to the gym on Mondays and Tuesdays.

True False

3 He plays soccer on Fridays.

True False

4 Jim and his wife get up at 10am on the weekend.

True False

5 They go to the theater on Saturdays.

True False

6 They go to a restaurant on Sundays.

True False

To: Pete
Subject: My week

Hi Pete,

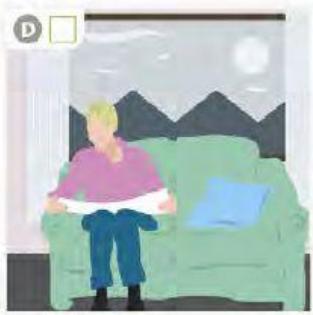
Let me tell you about my typical week. From Monday to Thursday, I get up early, at 6am. I eat breakfast, then I go to work at 8:30am. On Fridays, I work at home. I like Fridays. I like sports a lot. I go to the gym twice a week, on Mondays and Tuesdays, and I go swimming on Wednesdays. I play soccer on Thursdays, but I relax on Friday and read a newspaper.

On the weekend, my wife and I get up at 10am. We go to the movies on Saturdays, and on Sundays, we go to a good restaurant. Tell me about your weekend!

Jim



14.7 LISTEN TO THE AUDIO, THEN NUMBER THE PICTURES IN THE ORDER THEY ARE DESCRIBED



14.8 LISTEN TO 14.7 AGAIN AND ANSWER THE QUESTIONS

Kate goes to the gym on...

Monday Tuesday Friday

1 Paul is a...

farmer teacher doctor

2 Jane is a...

nurse doctor teacher

3 On the weekend, Jane goes to...

a restaurant the movies a gym

4 Sally gets up at...

6am 7am 8am

5 Sally goes swimming on...

Saturday Sunday Thursday

6 Eric works at the...

school theater restaurant

7 Eric works... a week.

twice three days four days

8 Claire is a...

waitress carpenter farmer

9 Claire starts work at...

6am 4pm 6pm