TEENS' EATING HABITS

READING COMPREHENSION

1. Make sure you know these words.

skip	common	eat out
vending machine	important	resist
prefer	meal	habit
junk food	routine	keep sth

2. Who is it about, Porsha, Roy or Rashida?

_____never skips breakfast, because it's the most important meal of the day.

_____'s parents don't have a mealtime routine.

_____ has a habit of eating a salad with every meal.

_____ buys snacks from a vending machine at school, because it's the fastest way to eat.

_____ has a healthy diet, but sometimes can't resist a delicious dessert.



LIVEWORKSHEETS

3. Answer the questions about your eating habits.

4. Learn the words from exercise I.



LIVEWORKSHEETS