
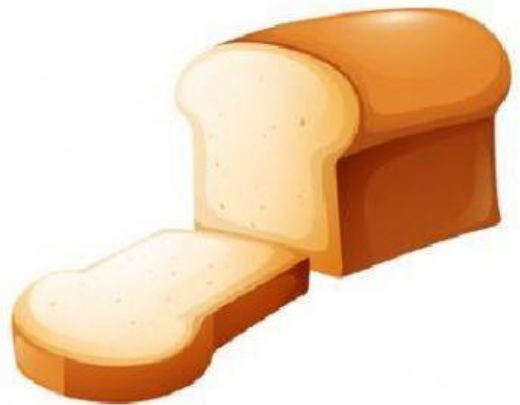
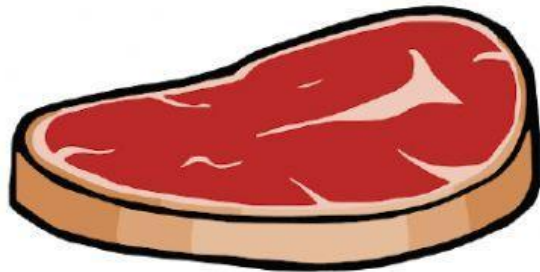
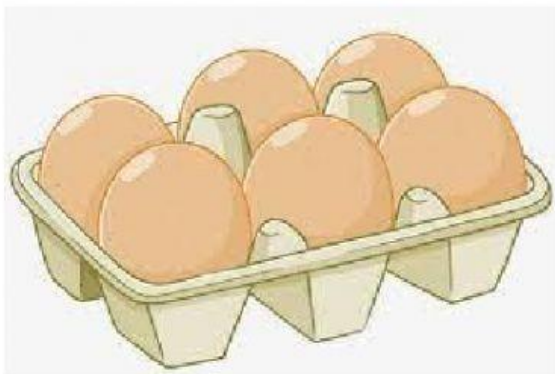
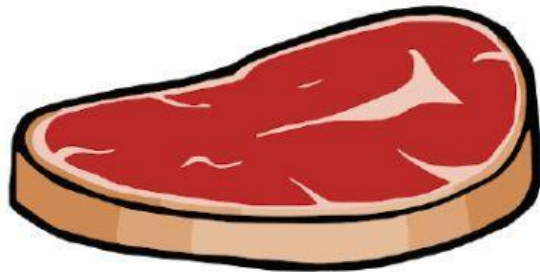


13. Which foods help us go? 



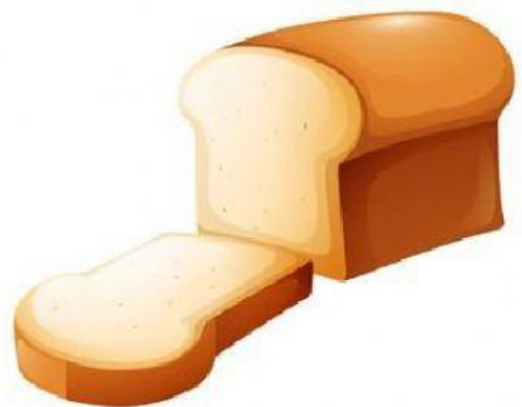
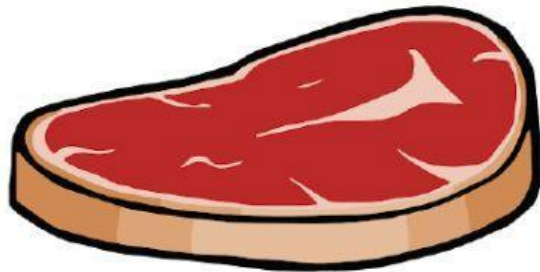
(3 mrks)

14. Which foods help us grow?



3 mrks)

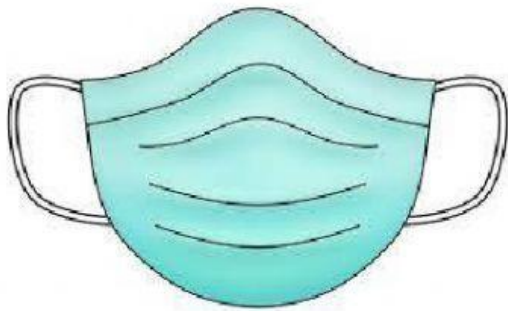
15. Which foods help us glow? 



(3 mrks)



16. What can we do to prevent the spread of Covid-19?



(1 mrk)