

# Our bones and muscles

Watch this video about the bones and muscles:

Find the following words in the crossword:

- Femur
- Ribs
- Spine
- Humerus
- Skull
- Hip

T	K	E	O	S	K	U	L	L	M	Z
F	Z	U	N	A	T	L	P	U	I	J
H	J	R	E	Z	J	G	J	H	Z	L
U	T	M	X	A	I	V	Y	Y	F	X
R	I	B	S	G	E	M	Q	L	E	W
I	V	I	T	U	J	M	R	R	M	Z
N	F	H	U	M	E	R	U	S	U	J
R	H	I	P	T	U	A	I	V	R	G
J	W	W	D	B	S	P	I	N	E	I
P	L	I	S	X	U	H	L	X	L	Z
K	O	M	B	Q	V	M	O	U	O	D

Complete the sentences. Write "bones" or "muscles":

- \_\_\_\_\_ contract and relax.
- \_\_\_\_\_ are hard and rigid.
- \_\_\_\_\_ are soft and elastic.
- \_\_\_\_\_ from the skeleton.

Write "B" (bones) or "M" (muscles).

