Name:	
School:	

Grade 5 Class:

Subject: Science Title: Food Groups



Interactive Worksheet: Week 11 **Self-Learning Program**

Exercises 1 : Consider the following foods















Egg

According to the following table, classify the given foods (drag and drop)

Vegetables and fruits	Meat , Legumes , Eggs	Bread and Cereals	Milk and its products	Oil, Fats, sugars

Exercises 2: Match the following

Protiens Give Energy

Starch Growth and body maintenance

Lipids Keep heat in the body

Minerals Energetic and healthy body