

Listen and answer the questions that follow.

1. What did the doctor tell Lisa?

- a. to get more tests
- b. to get more exercise
- c. to get vaccinated
- d. to get more sleep

2. Why does Lisa need to start doing this? (click on all that apply)

- a. she can't sleep
- b. she has heart problems
- c. she has high blood pressure.
- d. she has high cholesterol
- e. She is overweight

3. Lisa is thinking about joining a gym. TRUE FALSE

4. What does she like from Tim Hortons?

5. Lisa enjoys exercising. TRUE FALSE

6. When will Lisa walk the dog?

- a. in the mornings
- b. in the afternoons
- c. at night
- d. in the evening

7. She should also add weightlifting to her routine. TRUE FALSE

8. She has a donut every Tuesday. TRUE FALSE

9. How does Lisa get to Tim Hortons?

- a. by car
- b. by bus
- c. by foot
- d. by bike

10. Lisa is married. YES NO I DON'T KNOW