



Listening

A Listen to Paula and Arman talking about their hobbies. Answer the questions.

For questions 1–5, choose the correct answer. Choose A, B, or C. You will hear the recording twice.

- Paula wants to learn to play the
A piano.
B guitar.
C drums.
- Arman thinks learning the piano is
A boring.
B amazing.
C interesting.
- What does Arman think about practicing music?
A It's fun.
B It's lonely.
C It's exciting.
- How often does Paula go running?
A every day
B once a week
C every month
- Paula stopped playing tennis because
A she broke her arm.
B she wasn't very good.
C she had to go to college.

B Listen to the two speakers, Daniel and Felix. Write D (Daniel) and F (Felix) next to the correct statement. You will hear the recording twice.

- He's going to see his parents. _____
- He's going to take his camera. _____
- He's going to do some exercise. _____
- He's going to watch a movie. _____
- He's going to study. _____

Reading

A Read the text about Darren Benjamin.

For questions 1–5, choose the correct answer. Choose A, B, or C.

A Talented Runner

Darren Benjamin is a runner. He runs 100m and 200m races. He also owns a restaurant in Jamaica and a restaurant in Barbados, where he lives. He likes being a runner and a restaurant owner. He was born in 1990 in Bermuda. He liked running a lot when he was a child. He didn't like baseball or soccer, but he liked other sports, especially basketball.

He started running in competitions when he was 15 years old and he won his first competition when he was 16. Now, at 24, he is the fastest runner in his region.

Darren has a difficult and tiring job. He trains five days running and three times a week in the gym. He practices running for four hours and spends about two hours in the gym. After work he likes relaxing with video games and listening to music at home.

Sometimes he goes to the beach with his friends. His favorite food is fried chicken but he doesn't eat it very often. He usually eats food that is good for his health like brown rice.

- Where is Darren Benjamin from?
A Jamaica
B Bermuda
C Barbados
- When he was a child Darren liked running and
A soccer.
B baseball.
C basketball.
- How old was Darren when he started running in competitions?
A 15
B 16
C 24



- 4 How often does Darren go to the gym?
 A three times a week
 B four times a week
 C five times a week
- 5 What does Darren like to do in his free time?
 A cook healthy food
 B play video games
 C swim in the ocean

B Read what these people say about their diets. Match the names to the statements 6–10.

Natalie: My favorite food is rice and I also really like pasta. I eat rice or pasta most days. I like all vegetables but I don't really like fruit.

Isabel: I just love cake, chocolate, dessert – that kind of thing. I eat way too many of it. I don't eat meat or fish and I don't eat much cheese. The only vegetable I eat is peas.

Maya: My favorite food is meat, especially chicken. I *really* like chicken. I eat meat twice a day or sometimes more.

Rachel: I'm crazy about cheese – I eat a lot of it. And I love salad and vegetables. I don't especially like sweet food, except yogurt. I really like yogurt and I usually have it for dessert.

Sylvie: I eat a lot of apples, bananas, and oranges – I really love them, but I don't eat many vegetables. I also love bread and potatoes. I have potatoes most days and I eat bread with every meal.

- 6 She really likes dairy products and vegetables.

- 7 She has an unhealthy diet with too much sugar and not enough protein or vegetables.

- 8 She eats a lot of fruit and carbohydrates.

- 9 She eats a lot of protein.

- 10 She eats carbohydrates and vegetables, but she doesn't like fruit.

Writing

A Read this email from your friend, Dimitra.

Hi,
 I'm sending you a picture with this email. It's a beautiful beach in my country. Send me a picture of a beach in your country. What is the most beautiful beach in your country? What is the weather like in July? What can you do on the beach?
 Pedro

Write an email to Dimitra and answer the questions.

Write 40–45 words.

B Write sentences to complete the conversation. Use your own ideas.

Alex: Hi, Tom, how was your weekend?

Tom: It was good, thanks. On Saturday, I _____ and then I _____. Then on Sunday, _____.

How was yours?

Alex: Well, Saturday was fun. I _____ and _____.

Tom: That sounds nice!

Alex: Yeah, it was. Sunday wasn't so great though. I _____.

Tom: Oh, that's too bad!