

Listen and answer the questions that follow.

1. What kind of classes are being offered?

- a. business classes
- b. ESL classes
- c. exercise classes
- d. job training classes

2. How many choices are there?

- a. one
- b. two
- c. three
- d. four

3. Swimming was mentioned as a low impact class. TRUE FALSE

4. What classes are low impact?

5. Free weights and machines are the same. TRUE FALSE

6. What part of the body will be worked on in the weightlifting class?

- a. muscles
- b. core
- c. heart
- d. skin

7. You have to bring your own mat. TRUE FALSE

8. When does the class take place?

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9. (Opinion questions) What class would you like to take. Explain.

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10. Why do you think there is limited space in this class?

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