

YEAR 5
FOOD AND HEALTH

Read the sentences. Choose the correct answers.

1. I'm . I walk to school every day and I play football at the weekend.
2. Johnny is a couch potato. He's very .
3. Go and see the doctor. You're !
4. Don't eat crisps and sweets for lunch. They're .
5. Jamie is usually in the mornings. He usually goes to bed very late!
6. Have you got any juice? I'm .
7. My grandfather is old but he is really .
8. It is bad to a meal.
9. We should get sleep to be healthy.
10. I can't join the marathon because I'm .