1. Complete the fact file with the verbs bellow:

be eat last loses move
touch train

- In a sumo match, only the feet [1]_____ the ground. If another part of the body touches the ground or is outside the ring, the wrestler [2]_____ the match.
- Many sumo matches only [3]_____ four or five seconds. Some matches can last two or three minutes.
- Sumo wrestlers have to [4]_____ big and heavy. But they also have to [5]_____ very quickly, and have very good balance.
- Sumo wrestlers [6]_____ about 20,000 calories a day! (A normal man eats about 2,500 calories.)
- Sumo wrestlers usually [7]_____ for 10 years before they fight professionally.

Now open your books on page 33 and read the text TRAINING TO WIN.

1. Which sentence is true?

1 Yasuo only trains in the morning.
2 Yasuo trains in the morning and afternoon.
3 Yasuo trains in the morning, afternoon and evening.

LIVEWORKSHEETS

2. Match the sentences A-F with the gaps1-5 in the text. There is one sentence that you do not need.

A I'm really interested in history, but I'm not keen on maths.
B He lives and trains at a sumo school in Tokyo.
C We drink beer too.
D They are poor and I want to help them.
E I don't like sharing a room.
F We don't have breakfast.

3. Answer the questions, choose the correct answer:

1 What time does Yasuo get up?
2 What happens when Yasuo makes a mistake during training?
3 What do students do after training?
4 How many hours do students sleep after lunch?
5 Why do students study in the afternoon?
6 What does Yasuo want to do one day?

LIVEWORKSHEETS

4. Complete the questions about Yasuo. Use the correct form of Present Simple and question:

1 How much _____ ?
He weighs 115 kilograms.

2 Where _____ ?
He lives in Tokyo.

3 What _____ ?
He studies sumo.

4 What _____ ?
Fish, meat, rice and vegetables.

5 How many _____ ?
There are twelve students.

6 When _____ ?
They go to bed at nine o'clock.

5. Use the correct prepositions:

at in of on with with

1 interested ___	4 angry ___
2 keen ___	5 bored ___
3 good ___	6 proud ___

LIVEWORKSHEETS

6. Complete the sentences with the adjectives from ex.5:

1 I'm _____ with basketball. We play every day at school.
2 Geography is my favourite subject. I'm very _____ at it.
3 Jake is very _____ in fashion. He buys a lot of clothes.
4 My sister is at Oxford University. We are very _____ of her.
5 My mum gets _____ with me if I come home very late.
6 My brother is very _____ on cooking. He always cooks lots of different things.

LIVEWORKSHEETS