Name: _____ Date:_____

INSTRUCTIONS: Place the correct word or definition beside the correct word below.

Deficiency	1. _____
Rickets	2._____
Scurvy	3. _____
Night-blindness	4._____
Deficiency disease	5._____
Beri- Beri	6._____
Another name for Vitamin C	7._____
Another name for Vitamin B-1	8._____
Another name for Vitamin A	9._____
Another name for Vitamin D	10._____
This Vitamin is produced by the skin when exposed to sunlight	11. _____

SECTION B

Vitamin D **Vitamin B** **Ascorbic acid**

To lack/ missing **Thiamin** **Vitamin C**

Calciferol **Vitamin D** **Retinol**

Lack of a particular nutrient **Vitamin A**

LIVEWORKSHEETS