

## Healthy and Junk Food

### 1. Listen and fill in the gap

taste – greatest - delicious - fast - tastiest - world  
dessert - spicy - dishes good - healthy - future

Isn't food one of life's \_\_\_\_\_ pleasures? Do you know anyone who doesn't like food? I don't. There is so much \_\_\_\_\_ food in the world. You could spend a whole lifetime eating a different dish every day.

What's the \_\_\_\_\_ food in the \_\_\_\_\_? This is a very difficult question to answer. My \_\_\_\_\_ in food keeps changing. Sometimes my favourite is a \_\_\_\_\_, but then I change my mind and go for a \_\_\_\_\_ curry.

It's great that countries have so many different \_\_\_\_\_. Do you think your national dish is best? Nowadays we have to be careful about what we eat. \_\_\_\_\_ food is not \_\_\_\_\_ for us. We need to focus more on \_\_\_\_\_ food. Maybe we have to be more careful in the \_\_\_\_\_. Make sure the food you eat is good for you.

### 2. Which words describe food?

T \_\_\_\_\_

S \_\_\_\_\_

G \_\_\_\_\_

G \_\_\_\_\_

D \_\_\_\_\_

H \_\_\_\_\_

F \_\_\_\_\_

