

## APPROPRIATION STAGE WORKSHEET

Instruction: Answer all the questions below about offering advice in dialogue format. Use any ideas in the box to help you.

eat more fruit  
start a new sport/hobby  
talk to your parents/friends/teachers  
go for a walk  
listen to music

*Example:*

*Joe: Do you have a healthy diet?*

*David: No, I don't*

*Joe: Why don't you eat more fruit?*

*David: That's a good idea!*

### Questions:

1.

Joe: Do you take one hour of exercise a day?

David: No, I don't.

Joe: Why don't you

David: That's a good idea!

2.

Joe: Are you happy with your social life?

David: No, I don't.

Joe: Why don't you

David: That's a good idea!

3.

Joe: Do you worry about your school work?

David: Yes, I do.

Joe: Why don't you

David: That's a good idea!