

LESSON 3

WRITING: DESCRIBING A DAILY ROUTINE

1. Match



help my mother

do exercise

go for a walk

take a nap

wash dirty clothes

take/have a shower
take a bath

brush my teeth

have extra classes

2. Unscramble Words

1. in the morning/ begins/ very early/ my day/.

2. usually/ I/ at 4:30 am/ get up/.

3. my bed,/ I make/ clean/ brush / my face,/and do/ my teeth/ morning exercises/ After having gotten up,/.

4. like/ morning walk/I/ for a small/ going/.

5. to feel good/ I/ because/ enjoy/ in the early morning / very much/ the walk/ it helps me/.

6. I/ and take/ wash/ At about 5:30,/ my dirty clothes/ a bath/.

7. have breakfast/ I/ often/ at 6:30/.

8. I/ After breakfast,/ to school/ prepare/ and school things/ my books/ to go/.

9. at school/ I/ to 11:00 am/ study/ from 7:00 am/.

10. I/ and then I take a nap/ usually/ at 11:50/ finish my lunch/.

11. till 4:30 pm / In the afternoon,/ I/ learn in the library/ often/ from 1:30 pm/.

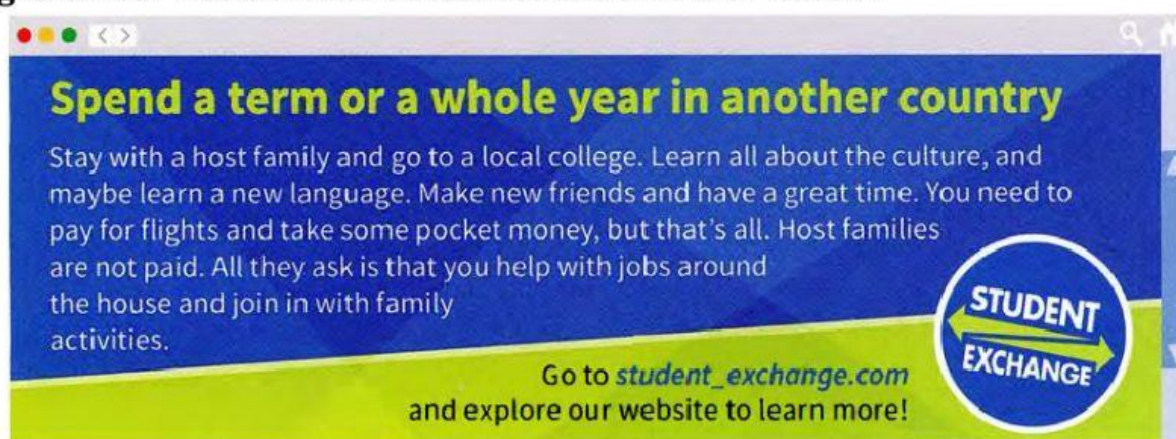
12. help my mother/ After that,/ I/ for my family / to prepare dinner/.

13. and have dinner/ I/ until 6:00 pm/ finish cooking at about 5:30/ usually/.

14. extra English classes/ I /have/ and Fridays/ from 5:30 pm/ to 7:10 pm/ but only on Mondays/.
15. In the evening,/ to 7:00 pm/ take a rest/ I often/ and listen/ read newspapers,/ to music/ from 6:00 pm/.
16. to 9:30 pm,/ I/ From 7:00 pm/ do/ often/ my homework/.
17. after that/ I/ sometimes/ or surf/ watch TV/ the Internet/.
18. usually/ I/ at 10:00 pm/ go to bed/.

LISTENING: MATCHING

1. Read some information about a website offering student exchange programmes. Decide if the sentences are true T or false F.



Spend a term or a whole year in another country

Stay with a host family and go to a local college. Learn all about the culture, and maybe learn a new language. Make new friends and have a great time. You need to pay for flights and take some pocket money, but that's all. Host families are not paid. All they ask is that you help with jobs around the house and join in with family activities.

Go to student_exchange.com and explore our website to learn more!

STUDENT EXCHANGE

- | | | | |
|---|--|---|---|
| 1 | All students spend at least a year abroad. | T | F |
| 2 | Host families give students pocket money during their stay. | T | F |
| 3 | Students should do housework and be involved with family activities. | T | F |

stay (v) ở	pay - paid (v) trả, thanh toán	activity (n) hoạt động
local (adj) địa phương	flight (n) chuyến bay	exchange (v) trao đổi
make new friends (v.p) kết bạn mới	pocket money (n) tiền tiêu vặt	explore (v) khám phá
great (adj) tuyệt vời	job (n) công việc	term (n) học kỳ
time (n) thời gian	join in (v.p) tham gia vào	another (adj) khác
country (n) đất nước	involve (v) tham gia	abroad (adv) nước ngoài

2. You are going to listen to two friends, Carlos and Jack, talking about a student exchange trip. Listen and decide which countries Carlos and Jack come from.

Carlos: _____ **Jack:** _____

3. Listen again. What activity does each member of Jack's family like doing?
For questions 1-5, write a letter A-H next to each person.

Person		Activity
0 Jack	<u>H</u>	A cooking
1 Jack's brother	_____	B going to the gym
2 Jack's sister	_____	C taking care of the garden
3 Jack's mum	_____	D doing art
4 Jack's dad	_____	E repairing things
5 Jack's grandmother	_____	F reading books
		G shopping
		H playing team sports

4. Listen again and fill in the blanks

Carlos: Hi Jack! I'm really **1**_____ about coming to stay with you on the student exchange trip to **2**_____ next term.

Jack: Me too, Carlos! I know you're going to have a **3**_____ time at my school and with my **4**_____.

Carlos: Tell me a bit about your family. What do you all **5**_____ doing?

Jack: Well, I love playing **6**_____ and basketball. I do volleyball once a week and basketball **7**_____ a week.

Carlos: I remember you have a **8**_____. What does he do? Is he **9**_____ in sport, too?

Jack: No, not really. He **10**_____ staying at home and reading. He's a member of our **11**_____ gym but he never goes.

Carlos: Oh, that sounds like me! You've got a **12**_____ too, haven't you?

Jack: Yes, she's really good at **13**_____ and drawing. Some of her work is hanging up on the **14**_____ at home, so you'll be able to see it when you come.

Carlos: That would be great. I'd love to see it. What about your **15**_____?

Jack: Well, my mum loves **16**_____ things. She spends a lot of time **17**_____, planting flowers and cutting the **18**_____.

Carlos: That **19**_____ interesting. And your dad? What does he like doing?

Jack: Well, he's really good at building and **20**_____ things. If anything gets **21**_____ around the house, he fixes it. He makes new things, too, like **22**_____.

Carlos: Great! And I know your **23**_____ lives with you. What does she like doing?

Jack: Well, we're lucky - she's an amazing **24**_____ and makes us all wonderful **25**_____ every day. She already wants to know what you like **26**_____.

Carlos: [Laughs] Really? Well, that gives me an **27**_____ for a present for her - a recipe **28**_____ from where I'm from in the **29**_____.

Jack: **30**_____!