Name: _____ **Date:** _____



Health and Family Life

Communication kills

Use a word from the box to complete each sentence.

timid	biggity	option
peer-pressure	non-verbal	strong

1. In taking steps to effective communication you cannot give in to _____.

2. A _____ person is confrontational, loud and harsh, eyes are glaring.

3. _____ messages include how we dress, our facial expression, and posture.

LIVEWORKSHEETS

4. Your message is _____ when your content is clear, voice is clear, eye contact is made, body is erect, you feel confident and comfortable

Choose True or False next to the sentences below:

5. A friend who acts and dresses older can be pressured into having sex at an early age. True False

6. You are timid or shy if you are loud and confident. True False

7. Biggity or bossy means you speak too soft, your eyes are down-cast and you are fidgety. True False

8. Being bold and strong means that you voice is clear, you make eye-contact and you are confident and cordial . True False

LIVEWORKSHEETS

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