Unit 4 Life In The Past



C. READING

IX Read the passage. Choose the most suitable word to fill in the blank.

Designated a UNESCO World Heritage site (1) …… 2003, the remarkable Phong Nha- Ke Bang National Park contains the oldest mountains in Asia, formed approximately 400 (2) …… years ago. Riddled with hundreds of cave systems - many of extraordinary scale and length - and spectacular (3) …… rivers, Phong Nha is a speleologists' heaven on the Earth.

The Phong Nha region is changing fast. Son Trach village (population 3000) is the main centre, with an ATM, a growing range (4) …… accommodation and eating options, and improving transport links with other parts of central Vietnam.

The caves are the region's absolute highlights, but the above-ground (5) …… of forest trekking, the area's war history, and rural mountain biking mean it deserves a stay of around three days.

1.	A. by	B. on	C. in	D. from
2.	A. millions	B. million	C. milions	D. milion
3.	A. underground	B. under	C. submarine	D. underwater
4.	A. of	B. in	C. on	D. under
5.	A. attraction	B. attractions	C. seeing	D. seeings

X Read the passage and answer the questions.

My grandmother is more than ninety years old, which makes her the oldest person in the whole family. Despite her old age, her memory is still fresh. She always tells us that many things were different when she was young.

My grandma used to begin her day very early. She used to start a day at 4 o'clock while everybody was still in beds. She used to do all the housework by herself. She used to make clothes for her children and as for her outdoor work, she used to raise chickens and sheep. She also used to help the males to grow vegetables.

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There didn't use to be many pastime activities. Her hobby used to be listening to the radio. In the evening all the family used to sit by the fire in the sitting room where all the family gathered at night to tell tales or discuss family matters as weddings, harvest time or to assign the next day's work.

When a member of the family was ill, she used to show him which herbs to use. She collected them from the near forest or from the mountain. My grandma used to , know so many effective methods to cure illnesses.

*** Answer the questions:**

1. How is the memory of the writer's grandmother?

   .....

2. What time did she use to start her day?

   .....

3. What did she use to do in her pastimes?

   .....

4. Where did her family use to sit in the evening?

   .....

5. What did she usually do when a member of the family was ill?

   .....

E. LISTENING

XIII Work in pairs. Discuss the following questions.

1. What make children's today lifestyles different from the past?
2. Do you think that technology advances should be attributed to those changes? In what way?

XIV 1. Listen to a man talking about how technology has changed children's lifestyles. Answer the questions below.

1. What was the child obesity rate in 2012?

   .....

2. How different was that rate from the 1980's rate?

   .....

3. What do screens from digital devices emit?

   .....

4. What problems may be caused by looking at smartphones' or tablets' screens?

   .....

5. What can be disturbed when children are exposed to screen time at night?

   .....

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2. Listen again. Fill in the blank with a missing word.

Technology also changes the way kids (1) ..... and (2) ..... with others. This can have huge impacts on their mental and emotional (3) ..... High levels of social media use can lower (4) ..... and create negative moods. More importantly, it lowers children's frequency of interacting with their peers. This makes it more difficult for them to pick up on social cues and develop meaningful relationships with others.

This isn't to say that all technology is bad. In fact, it provides tons of positive opportunities for learning, entertaining, and socializing, but it should be (5) ..... and used appropriately.

F. WRITING



XV Rewrite the following sentences based on the words given.

1. My sister and I talked with each other a lot when we were young, but now we don't.

→ ..... (used)

2. They often visited us at weekends, but they are now too busy to make it.

→ ..... (used)

3. I live in a noisy city and I don't like that.

→ ..... (wish)

4. I like to fly a kite, but I don't know where to play it in this crowded city.

→ ..... (wish)

5. It is good for parents and children to have dinner together every day, but my father always comes home late.

→ ..... (wish)

LIVEWORKSHEETS