

Name: _____

SMART Goal Map

Instructions: List the required information in the boxes below.



S	MAKE IT SPECIFIC	What do you want to accomplish?
M	MAKE IT MEASURABLE	How will you know you have accomplished your goal?
A	MAKE IT ACHIEVABLE	How can the goal be accomplished?
R	MAKE IT RELEVANT	Is this goal worth working hard to accomplish? Explain.
T	MAKE IT TIMELY	By when will the goal be accomplished?