

- Put on \_\_\_\_\_ clothes or you will have the flu.
- Go out \_\_\_\_\_ on sunny days to avoid sunburn and skin cancer.
- Do \_\_\_\_\_ sports like biking, swimming or yoga.
- Give up junk food and eat \_\_\_\_\_ food high in fat, salt, and cholesterol.
- Spend \_\_\_\_\_ time with family and friends.
- Play \_\_\_\_\_ computer games and study \_\_\_\_\_.
- Take \_\_\_\_\_ vitamin A to strengthen your immune system.
- Spend \_\_\_\_\_ time on TV and pay \_\_\_\_\_ attention to your siblings.

**II. Put the verbs in brackets in the correct tense form.**

- Rob (have) \_\_\_\_\_ a headache and he needs to rest more.
- It is important (eat) \_\_\_\_\_ well.
- It (be) \_\_\_\_\_ very cold today. You should wear your warm clothes when you (go) \_\_\_\_\_ out to prevent cold.
- Doing morning exercise every day and you (feel) \_\_\_\_\_ better.
- I have a lot of homework to do this evening, so I (not have) \_\_\_\_\_ time to watch the football match.

**TEST 4**

**I. Combine the pairs of sentences to form compound sentences. Use "and, or, but, or so".**

- You should try to eat less \_\_\_\_\_ you should get more exercise.
- Pat's health is poor \_\_\_\_\_ she should retire.
- Lucy wants to keep fit and look beautiful \_\_\_\_\_ she doesn't like sport or exercise.
- Playing sport is good for our health \_\_\_\_\_ it is also fun.
- I am very thirsty \_\_\_\_\_ I don't have any money to buy drinks.
- The entrance test is very difficult \_\_\_\_\_ I hope I will pass it.
- You go home now \_\_\_\_\_ your mother will punish you for staying out too late.
- Fruits taste good \_\_\_\_\_ they are healthy for your body.
- The food was terrible \_\_\_\_\_ the weather was awful, too.
- Stop eating raw food \_\_\_\_\_ you will have stomachache.

**II. Use the cues given to make sentences.**

- Alex/ like/ play/ online game/ with/ friends.  
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- I/ love/ chat/ my friends/ online/ but/I / hate/ write/ emails.  
.....
- You/ shouldn't/ eat/ too many/ oily food/ chips.  
.....
- If/ you/ put on/ weight/ quickly/ you/ eat/ less/ eat/ healthy.  
.....
- Play/ sports/ after work/ help/ you/ relax/ better.  
.....

**TEST 5**

**I. Put the verbs in brackets in the correct verb tense: the *Present Perfect* or *Past Simple*.**

- Last week, my mother (take) \_\_\_\_\_ me to the zoo.
- When we (arrive) \_\_\_\_\_ at the party, there (not be) \_\_\_\_\_ many people there.
- My mother (say) \_\_\_\_\_ that she (buy) \_\_\_\_\_ me a new dress.
- My family (move) \_\_\_\_\_ to Hanoi in 2000.