

1. The name of the gland that produces hormones during puberty is:
 - A. PITUITARY GLAND
 - B. BRAIN GLAND
 - C. HORMONE GLAND

2. The sexual cells in men are:
 - A. OVULES
 - B. SPERM
 - C. VEINS

3. The adolescence is the passage from:
 - A. BEING A BABY TO CHILDHOOD
 - B. CHILDHOOD TO MATURITY
 - C. CHILDHOOD TO BECOME AN ADULT

4. Facial hair and voice change is a common change during puberty in:
 - A. MALES
 - B. FEMALES
 - C. BOTH

5. Hip growth and menstruation is a change during puberty in:
 - A. MALES
 - B. FEMALES
 - C. BOTH

6. Which one of these is a physical change during puberty in females?
 - A. FACIAL HAIR
 - B. TESTICLES GROW
 - C. BREAST GROWTH

7. The sexual cells in women are:
 - D. OVULES
 - E. SPERM
 - F. VEINS

8. What is “testosterone”?
 - A. The name of the gland that produces hormones during puberty.
 - B. The hormone that starts male changes during puberty.
 - C. The hormone that starts female changes during puberty.

9. What is “estrogen”?

- A. The name of the gland that produces hormones during puberty.
- B. The hormone that starts male changes during puberty.
- C. The hormone that starts female changes during puberty.

10. Males and females start puberty at the same age.

- A. TRUE
- B. FALSE
- C. SCIENTIST AREN'T SURE KNOW.

11. Which one of these are normal changes during puberty in males and females?

- A. MENSTRUATION AND HIP GROWTH
- B. FACIAL HAIR AND VOICE CHANGE
- C. ACNE, BODY ODOR, AND PUBIC HAIR.

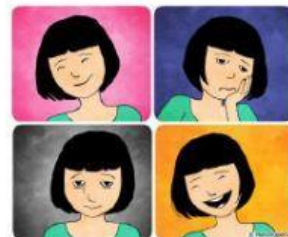
12. This picture represents this change in males during puberty.

- A. FACIAL HAIR
- B. MUSCLE DEVELOPMENT
- C. ADAM'S APPLE



13. This picture represents this change during puberty.

- A. BODY ODOR
- B. PUBIC HAIR
- C. MOOD SWINGS



14. Eating healthy food, sleeping well every night, drinking water, practicing a sport are going to help you to:

- A. KEEP YOUR BODY HEALTHY WHILE YOU GROW UP.
- B. STOP MOOD SWINGS
- C. STOP PHYSICAL CHANGES DURING PUBERTY.

15. What is important to do to stay healthy while you grow up?

- A. SAYING NO TO SMOKING, DRINKING ALCOHOL, AND DRUGS
- B. EATING JUNK FOOD EVERY WEEKEND.
- C. WATCHING MOVIES ALL NIGHT.