

## E10- UNIT 2- PRACTICE 1

### I. Choose the word that has the underlined part pronounced differently from the others.

- |                  |                |              |                |
|------------------|----------------|--------------|----------------|
| 1. A. stomach    | B. chest       | C. chord     | D. psychology  |
| 2. A. digestive  | B. suggest     | C. massage   | D. allergy     |
| 3. A. skull      | B. study       | C. lung      | D. circulatory |
| 4. A. resistance | B. respiratory | C. vessel    | D. system      |
| 5. A. sugary     | B. acupressure | C. intestine | D. sure        |

### II. Choose the right words to the pictures.

**BONE**



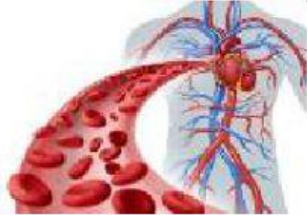



**LUNG**

**BLOOD VESSEL**

**SKIN**

**STOMACH**

**BRAIN**

 1. _____	 2. _____	 3. _____
 4. _____	 5. _____	 6. _____

### III. Match the two columns to make meaningful sentences.

1. Stress	a. can be effective reduced by doing yoga.
2. Treatment for this type of disease	b. can prevent many common diseases.
3. A healthy lifestyle	c. can take a long time.
4. Remember	d. is not just about embarrassment, it may be a sign of other health problems.
5. Read the following information	e. to learn about what a food allergy is.
6. Bad breath	f. to include these five foods in your diet to boost your health.

### IV. Choose the best options to fill in the blanks.

- In some countries, a \_\_\_\_\_ is usually done along with a haircut.  
 A. bone                      B. blood vessel                      C. head massage                      D. allergy
- Be careful. The \_\_\_\_\_ of this medicine can be very dangerous.  
 A. price                      B. place                      C. date                      D. side effects
- People are waiting for a \_\_\_\_\_ system with better doctors and facilities in this country.  
 A. health care                      B. educational                      C. entertainment                      D. transportation
- Stress is the number 1 cause of \_\_\_\_\_, in other words, unhealthy sleep patterns.  
 A. stomach ache                      B. flu                      C. cold                      D. sleeplessness
- If you feel sleepy all the time, you are having \_\_\_\_\_.  
 A. sleeplessness                      B. sleepiness                      C. a toothache                      D. a headache

**V. Choose the best options to fill in the blanks.**

1. Asian people have a lot of traditional health beliefs and \_\_\_\_\_.  
A. activities                      B. practices                      C. actions
2. In \_\_\_\_\_, special thin needles are put in different pressure points all over the body.  
A. acupuncture                      B. aromatherapy                      C. acupoint
3. A woman's heart beats faster than that of a man because it has to \_\_\_\_\_ the same amount of blood although it's smaller.  
A. change                      B. pump                      C. sell
4. Don't worry. It's just a \_\_\_\_\_ and will naturally disappear after a few days.  
A. serious disease                      B. unusual illness                      C. common ailment
5. Remember to read the safety \_\_\_\_\_. If you have any questions, please check with your doctor.  
A. precautions                      B. use                      C. treatment

**VII. Choose the options that best fit the blanks.**

1. What terrible traffic! Just look at the long queue. We \_\_\_\_\_ miss our flight.  
A. will                      B. are going to                      C. Both A & B.
2. I \_\_\_\_\_ send Alex your letter when I see her tomorrow.  
A. will                      B. are going to                      C. Both A & B.
3. The board of directors have reached the final decision. Harrison \_\_\_\_\_ lead the marketing team from next month.  
A. will                      B. are going to                      C. Both A & B.
4. I hope you \_\_\_\_\_ visit my new house in Charlinton some time.  
A. will                      B. are going to                      C. Both A & B.
5. In the future, many young people \_\_\_\_\_ start up their own businesses.  
A. will                      B. are going to                      C. Both A & B.

**VIII. Provide the correct verbs in the form of "will" or "be going to" to fill in the blanks.**

1. Kate \_\_\_\_\_ (not join) us next Friday; she will be taking exams that day.
2. A: What are your plans for the holiday?  
B: I \_\_\_\_\_ (visit) my grandparents and then go trekking in Sapa.
3. A: I can't fix the problem in my computer, Jason.  
B: Alright. I \_\_\_\_\_ (take) a look at it.
4. What are you doing? The car engine has just broken. It \_\_\_\_\_ (not work).
5. I \_\_\_\_\_ (take) you out for ice-cream as long as you get an A on your Math test.
6. Do you think they \_\_\_\_\_ (win) the championship?
7. A: Do you want to have the pork or the beef?  
B: I think we \_\_\_\_\_ (have) the beef, please.
8. According to schedule, rice and clothes \_\_\_\_\_ (be) distributed to nine poorest communes in the next project.