

Getting Ready

Match each picture with the correct word.



- | | | | |
|-----------------------|---------------------|-------------------------|----------------------|
| 1. windsurf <u>J</u> | 4. play golf ____ | 7. play basketball ____ | 10. play soccer ____ |
| 2. play baseball ____ | 5. go to a gym ____ | 8. play volleyball ____ | 11. ride a bike ____ |
| 3. ski ____ | 6. play tennis ____ | 9. swim ____ | 12. run ____ |

Listening 1

People are talking about sports and exercise. Listen and number the pictures.



Listening 2

CD 1-42 ► Task 1

What sport or activity is the person talking about?
Listen and circle the correct answer.

- a. swimming
b. going to the gym
c. jogging
- a. playing volleyball
b. playing golf
c. playing soccer
- a. playing baseball
b. playing soccer
c. playing tennis
- a. playing tennis
b. watching TV
c. reading
- a. swimming
b. jogging
c. windsurfing
- a. diving
b. riding a bicycle
c. walking



CD 1-42 ► Task 2

Listen again. What do you think each person says next?
Circle the correct answer.

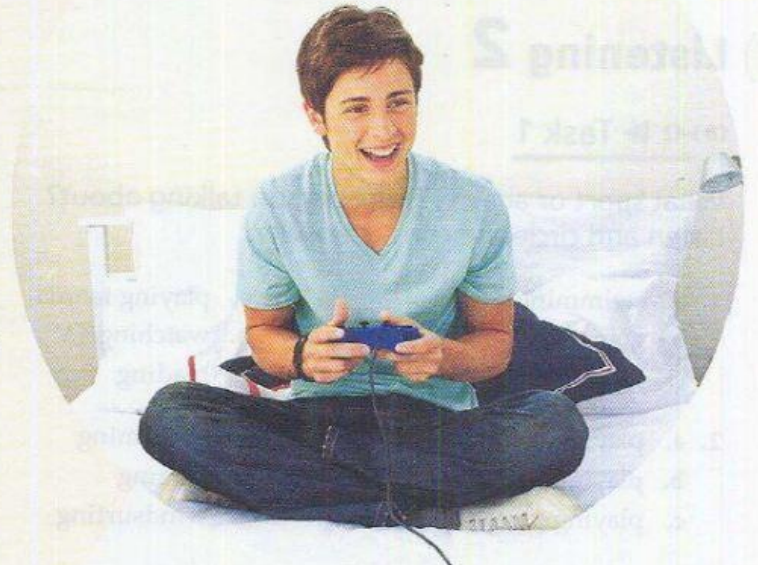
- a.** Yes, about three times a week.
b. Yeah, I'm getting lazy.
c. Yeah, I'm tired.
- a. Yeah, I'd love to.
b. I enjoy skiing.
c. Yeah, you're right.
- a. Volleyball is tiring.
b. Volleyball. It's my favorite.
c. Tennis is expensive.
- a. I know, but I'm lazy.
b. No, thanks. I'm tired.
c. Yeah, reading is fun.
- a. It's too hot.
b. Yeah, I'd love to.
c. I don't like the cold.
- a. In the car.
b. In the morning.
c. In the park.

Listening 3

CD 1-43 ▶ Task 1

People are talking about how they spend their free time. Listen and check (✓) the correct information.

	Exercises a lot	Exercises a little	Never exercises
1. Bill	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Liz	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Victor	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Maria	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. David	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



CD 1-43 ▶ Task 2

Listen again. Match the names on the left with the activities on the right.

- | | |
|----------------------|----------------------|
| 1. Bill <u>c</u> | a. golfs |
| 2. Liz <u> </u> | b. bicycles |
| 3. Victor <u> </u> | c. plays baseball |
| 4. Maria <u> </u> | d. takes walks |
| 5. David <u> </u> | e. plays video games |



Pronunciation

Sentence stress

CD 1-44 ▶ Task 1

Listen and repeat.

1. I **pláy** ténnis a lót.
2. I líke to **táke wá**lks.
3. What **spó**rts do you **pláy**?
4. Do you líke **wá**tching **spó**rts?

CD 1-45 ▶ Task 2

Listen. Mark the stressed words.

1. I **gó** to the **gým** every **dáy**.
2. I **wá**ch a lot of **bá**seball on **TV**.
3. What do you do on **wé**kends?
4. Do you **pláy** **té**nnis?

Dictation

CD 1-46 ▶ Task 1

Listen to the conversation. Write the missing words.

A: Do you _____ any _____, Nick?

B: Yes, I love playing sports. But my _____ sport is _____.

A: Really? Are you on a team?

B: Yeah, I am. It's a lot of _____.

A: How _____ do you _____?

B: Oh, about _____ a _____. So, how about you? Do you play sports?

A: Well, it depends. Do you think playing video games is a sport?

B: Umm. . . . I'm not sure about _____.

▶ Task 2

Practice the conversation with a partner. Be sure to stress the correct words.

Conversation

Work in pairs. Think about sports you like to play and watch. Then talk to your partner about why you like them.

Pronunciation Help

Tap your desk as you say the sentences. It will help you hear which words and syllables are stressed.