

## Grammar 1

Present perfect + *for* and *since*

- 1 Complete the table with the time expressions in the box.

a few days   a long time   **yesterday**  
last week   many years   three weeks  
Christmas   2013

| <i>since</i> | <i>for</i> |
|--------------|------------|
| yesterday    |            |
|              |            |
|              |            |

- 2 Circle the correct words.

I've loved swimming since / for I was four.

- Zoe's had her skateboard since / for six months.
- Beach volleyball has been an Olympic sport since / for 1996.
- Our team hasn't won a match since / for January.
- Suzie has taken part in the London Marathon since / for 10 years.
- My dad has been a teacher since / for he finished university.

- 3 Write present perfect sentences with *for* or *since*.

I / not watch TV / yesterday.

I haven't watched TV since yesterday.

- We / live here / many years.  
\_\_\_\_\_
- Jack / not see / his uncle / 2013.  
\_\_\_\_\_
- I / not eat chocolate / three weeks.  
\_\_\_\_\_
- Isabel / be at this school / Christmas.  
\_\_\_\_\_
- My parents / be married / a long time.  
\_\_\_\_\_

- 4 Complete the second sentence so that it means the same as the first. Use *for* or *since*.

I last went to the gym on Saturday.

I haven't been to the gym since Saturday.

- We last saw Eleanor on her birthday.  
We haven't seen Eleanor \_\_\_\_\_.
- Amelia last sent me a message two hours ago.  
Amelia hasn't sent me a message \_\_\_\_\_.
- England last won the FIFA World Cup in 1966.  
England hasn't won the FIFA World Cup \_\_\_\_\_.
- My father last beat me at chess a long time ago.  
My father hasn't beaten me at chess \_\_\_\_\_.
- I last had a haircut in January.  
I haven't had a haircut \_\_\_\_\_.

## How long ...?

- 5 Read the sentences about the cyclist Bradley Wiggins. Write questions with *How long ...?*

He's liked cycling since he was 12.

How long has he liked cycling?

- He's been a professional cyclist since he was 21.  
\_\_\_\_\_
- His friends have called him 'Wiggo' since he was a child.  
\_\_\_\_\_
- He's supported Liverpool Football Club for a long time.  
\_\_\_\_\_
- He and his family have lived near Manchester for ten years.  
\_\_\_\_\_

