

Do you like vegetables ?

EXPLICADINHO

01. Listen and choose YES ☒ or NO ☒.


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02. Listen and tick the foods that he eats. EXPLICADINHO

bread

vegetables

meat

fish

rice

fruit



03. Listen and choose YES or NO. EXPLICADINHO

Action Questionnaire:

Sex: ☒ ☒

Age: 15-19 ☐ 20-24 ☒ 25-29 ☐ 30-34 ☐

1 healthy?	Yes	No
2 eat fruit and vegetables?	Yes	No
3 smoke?	Yes	No
4 sleep seven hours or more a night?	Yes	No
5 drink 1.5 liters of water a day?	Yes	No
6 do regular exercise?	Yes	No

04. Listen to the interview and choose YES ☒ or NO ☒. EXPLICADINHO

- ☒ ☒ 1. listen to the radio
- ☒ ☒ 2. read a newspaper
- ☒ ☒ 3. watch the news on TV
- ☒ ☒ 4. watch sport on TV
- ☒ ☒ 5. go to the cinema
- ☒ ☒ 6. watch DVDs
- ☒ ☒ 7. play computer games



- ☒ ☒ 8. go shopping
- ☒ ☒ 9. go to a sports centre
- ☒ ☒ 10. play any sports