

## REVISION 5

### I. Choose the word that has the underlined part pronounced differently from the others.

1. A. stomachch      B. chest      C. chord      D. psychchology
2. A. digestive      B. sugest      C. massage      D. allergy
3. A. skull      B. study      C. lung      D. circulatory
4. A. resistance      B. respiratory      C. vessel      D. system
5. A. sugary      B. acupressure      C. intestine      D. sure

### II. Choose the best options to fill in the blanks.

1. Stress is the number 1 cause of \_\_\_\_\_, in other words, unhealthy sleep patterns.  
A. stomach ache    B. flu      C. cold      D. sleeplessness
2. If you feel sleepy all the time, you are having \_\_\_\_\_.  
A. sleeplessness    B. sleepiness      C. a toothache      D. a headache
3. It's not too late to \_\_\_\_\_ your bad habits (smoking, drinking, overeating, etc.) and immediately start living a happier, healthier life.  
A. get rid    B. give on      C. kick      D. remember
4. If people breathe in deeply, their \_\_\_\_\_ can expand to twice their normal size.  
A. hearts    B. kidneys      C. lungs      D. stomachs
5. Some foods and spices may \_\_\_\_\_ your breath for days after a meal.  
A. damage    B. harm      C. reduce      D. spoil
6. Fish, poultry, beans or nuts \_\_\_\_\_ half of their dinner plate.  
A. make of    B. make out      C. make up      D. make up of
7. It's another name for the backbone. It is \_\_\_\_\_.  
A. brain      B. leg      C. pump      D. spine
8. Ailments are caused by a/an \_\_\_\_\_ of yin and yang.  
A. abnormal    B. imbalance      C. unequal      D. unfairness
9. Yoga increases endurance, \_\_\_\_\_ and flexibility.  
A. blood    B. powerful      C. strength      D. strong
10. Food and drinks which strongly \_\_\_\_\_ the body can cause stress.  
A. boost    B. develop      C. encourage      D. stimulate
11. As per the study, handful of nuts daily can cut people's \_\_\_\_\_ of coronary heart disease and cancer by nearly 22 per cent.  
A. chance    B. luck      C. opportunity      D. risk
12. Listen! There's someone at the door. I \_\_\_\_\_ the door for you.  
A. am going to open    B. am opening      C. open      D. will open
13. "Look at those dark clouds!" - "Yes, it \_\_\_\_\_ in some minutes."  
A. will rain    B. is going to rain      C. are going to rain      D. is raining
14. It's very hot. \_\_\_\_\_ the window. please?  
A. Are you opening      B. Are you going to open  
C. Will you open      D. Won't you open
15. Although I have taken some aspirin, the headache \_\_\_\_\_ away.  
A. isn't going      B. isn't going to      C. not go      D. won't go
16. On Sunday at 8 o'clock I \_\_\_\_\_ my friend.  
A. meet    B. am going to meet      C. will be meeting      D. will meet
17. Foods \_\_\_\_\_ into energy in the digestive system.  
A. are broke down and converted      B. are broken down and converted  
C. break down and convert      D. broken down and converted
18. Stephen William Hawking \_\_\_\_\_ on 8 January, 1942 in Oxford, England.  
A. born      B. has born      C. is born      D. was born

19. \_\_\_\_\_ by your father?

A. Did that book write

B. Did that book written

C. Was that book writing

D. Was that book written

20. Acupuncture is part of traditional Chinese medicine(TCM) and \_\_\_\_\_ in China for thousands of years.

A. has been used

B. has using

C. has used

D. has been using

21. Mr. Snow \_\_\_\_\_ that course since 1985.

A. hasn't taught

B. haven't taught

C. have been taught

D. taught