Summary

Fill in the blanks with the correct words or phrases.

butterflies	**normal**	**produces**
respond	**shut down**	

When a person is under some stress, his or her body may 1 _____ to the stress by making too much cortisol. This chemical benefits the body in many ways in 2 _____ situations. However, if the body 3 _____ a lot of extra cortisol, the cortisol may 4 _____ the person's stomach. This can make people feel like they have 5 _____ in their stomachs.



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