

MATCHING

taking a bath

soft drinks

obesity

junk food

cleaning teeth

smog

washing hands

Keywords	Thing/activity
<i>Example:</i> clean water, shower gel, clean towel	taking a bath
1. hands, soap, clean water	
2. disease, unhealthy food, overweight	
3. already cooked, high-fat, chain restaurant, popular	
4. toothpaste, toothbrush, water	
5. sweetened drinks with a lot of gas	
6. a combination, smoke, fog	

but
and
so
or

- | | | |
|---|----------------------|--|
| 1. Wear a hat, | <input type="text"/> | <input type="text" value="a. and his nose is running. It's flu."/> |
| 2. I have oily skin, | <input type="text"/> | <input type="text" value="b. or you'll get sunburnt."/> |
| 3. He keeps sneezing, | <input type="text"/> | <input type="text" value="c. and you eat less high-fat food."/> |
| 4. I do not have a temperature, | <input type="text"/> | <input type="text" value="d. so I wash my face regularly."/> |
| 5. To stay healthy, you eat more vegetables | <input type="text"/> | <input type="text" value="e. but my face is red."/> |

Look at some sentences about how to stay healthy and happy. Tick (✓) the ones you agree with and cross (x) the ones you don't.



	✓	×
1. Don't hate people. It makes you tired.	☐	☐
2. The more you laugh, the happier you are, and the longer you live.	☐	☐
3. Never play in the sun. It harms your skin.	☐	☐
4. Don't drink fresh milk. You will get fat.	☐	☐
5. The more calories you take, the better it is.	☐	☐
6. Clean water, fresh air, and a balanced diet are the causes of a long life.	☐	☐

Two people are talking about some common practices in Viet Nam. Put the sentences in the correct order.

_____	B: Why do they do that?
_____	A: The fishermen in my village drink fish sauce before they get down to the sea.
_____	B: It can prevent people from getting cancer.
_____	B: Interesting. In my area we drink a lot of green tea.
_____	A: Why green tea?
_____	A: The sauce gives them strength to stand the cold in water.

Can you continue the conversation with another practice you know?