

## Cooking quiz

1. You shouldn't cook while wearing loose clothes or without tying your hair back.

True



False

2. Bacteria commonly found in chicken and eggs is salmonella?

True



False

3. It's fine to sit on the counters during cooking

never



only if there is no food

always

4. What should you wear while putting something in the oven?

Nothing



oven mitts

oven mutts

wet cloth

5. You should wash your hands before going in the kitchen.

true



false

6. Lifting a lid away from your face (like a shield) can help prevent a \_\_\_\_\_

Cut

Burn

Fall

shock



7. What procedures will help prevent burns in the kitchen?

- use oven mitts
- stand to the side when opening the oven
- pull oven racks out instead of reaching in
- all of the above



8. Messing about is acceptable in kitchens?

- True
- False

9. Raw food should be kept in sealed containers to prevent spread of bacteria?

- True
- False



10. Electrical shock can be prevented by keeping electrical appliances away from water

- True
- false

11. Always wash \_\_\_\_ separately?

- Knives
- Spoons
- Forks
- Spatulas

12. If you are prepping food and the knife drops, what do you do?

- try and catch it
- let it fall
- scream and panic
- pick it up and continue using it