

NAME: _____ DATE: _____

HEALTH & FAMILY LIFE

Finding Information for Good Decisions



What do you know about finding information for good decisions?

Choose the best answer from the choices given.

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|--|------|-------|
| ① Friends are the best source for obtaining information about Your body's physical changes | True | False |
| ② I can obtain information from the Clinic if I have a medical problem. | True | False |
| ③ The pastor is not a good source because he might expose your secret. | True | False |
| ④ SODA- Decision-Making Model acquires skills for decision making. | True | False |
| ⑤ Being informed about what happens during puberty is not important. | True | False |
| ⑥ During puberty girls perspire more and their body experience changes. | True | False |
| ⑦ Puberty for boys bring on changes such as deepening of the voice etc. | True | False |
| ⑧ Having values are important as you navigate your way into adulthood. | True | False |
| ⑨ Values are beliefs are not important to you as an adolescent. | True | False |
| ⑩ When we have to make decisions we keep focus on our positive values. | True | False |