



Teacher:  
Wlasmin Escobar

# EDA 8: Let's Change Our Lifestyle!

English: Level A1  
**APRENDO**  
en casa



**PROPÓSITO** Comprender información específica de textos en inglés sobre actividades recreativas o deportivas.

**COMPETENCIA:** Lee diversos tipos de textos en inglés como lengua extranjera.

## CRITERIOS

- ✓ Comprender información específica en un texto sencillo que escucho en inglés.
- ✓ Reconocer las acciones que realiza una persona en un texto sencillo en inglés apoyándome con imágenes.

## ACTIVITY 2: HEALTHY FOOD HABITS

### GRAMMAR:

### NOTEMOS ALGO:

1. Do you eat veggies?

Yes, I do.

2. What do you usually eat?

I usually eat vegetable salads.



**PRACTICE-EXERCISE 1:** Use the key words in the box to write questions:

Do-eat

Do-go

Where-play

When-go

What-do

How often-eat

A. How often do you eat veggies?

I eat veggies every day.



B. \_\_\_\_\_ do you \_\_\_\_\_ biking?

In the mornings.



C. \_\_\_\_\_ do you \_\_\_\_\_ sports?

In the park.



D. \_\_\_\_\_ you \_\_\_\_\_ fruit?

Yes, I do.



E. \_\_\_\_\_ sports \_\_\_\_\_ you play?

I go running.



F. \_\_\_\_\_ you \_\_\_\_\_ running?

No, I don't.



## PRACTICE-EXERCISE 2: Complete the questions

A

Do you eat vegetables?

Yes, I like veggies!

B

How often \_\_\_\_\_ eat vegetables?

I eat veggies every day.

C

\_\_\_\_\_ eat fruit?

Yes, I do.

D

\_\_\_\_\_ do you eat fruit?

I eat fruit three times a day.



## LISTENING COMPREHENSION



Sayri made a questionnaire to find out about peoples' eating habits. Listen to the interview

A) Listen and tick the answer

The questionnaire is about:

- SPORTS

- FOOD CHOICES

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☐


B) Listen and complete the questionnaire form

### QUESTIONNAIRE FORM

Name: Edgardo

1. Age: \_\_\_\_\_

2. Eat vegetables? YES

3. How often eat vegetables? \_\_\_\_\_

4. Eat fruit? \_\_\_\_\_

5. How often eat fruit? \_\_\_\_\_



Done by Sayri

