



Read the sentences about computing technologies. Tick if they are positive or negative.

Sentences	Effect [✓]	
	Positive	Negative
You can work faster and get better results with tools, such as an Office package.		
You can get fast access to information using the world wide web.		
Not all information available online is accurate.		
Your verbal communication may not develop if you always use technology.		
You can communicate with people around the world using telephones, email, and social media.		
You can have health problems, such as eye strain, muscular problems and sleeping when using technology.		
You can design and create new technology using programming skills and electrical components.		
You can be isolated from family and friends when using technology.		

How can you get a good balance between computing technologies, everyday activities and your career options?

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