1 Read and write *True* or *False*.



I love fruit and vegetables and I have five portions a day.
Here's a typical day for me:
I have bread, yogurt and orange juice for breakfast.
I don't like cereal. I have chicken with vegetables and an apple for lunch. I don't like meat but chicken is OK.
In the afternoon, I have a banana and a glass of milk.
I have spaghetti for dinner, with more vegetables!
I love broccoli!

1 I have two portions of fruit and vegetables a day. _____

2 I have cereal for breakfast. _____

3 I like chicken. _____

4 I have a drink and some fruit for a snack. _____

5 I like broccoli for dinner. _____

2 Read and match.

1 What do you have for dinner?

2 Do you like carrots?

3 Do you have a snack in the afternoon?

4 Do you like spinach?

Yes, I do. I love carrot cake!

Yes. I have strawberries at five o'clock.

Yuck. No, I don't.

I have soup and bread for dinner.









LIVEWORKSHEETS