LEARNING EXPERIENCE 8: LET'S CHANGE OUR LIFESTYLE

Activity 2: Healthy food habits

Listening exercise

Name: _____ 4th: ____

Sayri made a questionnaire to find out about peoples' eating habits. Listen to the interview.

A. Listen and tick " X " the answer

The questionnaire is about:

Food choices ☐

Sports ☐



B. Listen and complete the questionnaire form

QUESTIONNAIRE FORM

Name: **Edgardo**

1. Age: _____

2. Eat vegetables? **Yes**

3. How often eat vegetables? _____

4. Eat fruit? _____

5. How often eat fruit? _____

Done by Sayri

LIVEWORKSHEETS

1. Use the key words in the box to write complete questions.

A. Do you eat vegetables?
Yes, I like veggies!

B. How often ____ eat vegetables?
I eat veggies **every day.**

C. ____ eat fruit?
Yes, I do.

D. ____ do you eat fruit?
I eat fruit **three times a day.**







2. Use the key words in the box to write questions.

Do-eat | Do-go | Where-play | When-go | What-do | How often-eat

A. How often do you eat veggies? — I eat veggies every day.



B. _____ do you _____ biking? — In the mornings.



C. _____ do you _____ sports? — In the park.



D. _____ you _____ fruit? — Yes, I do.



E. _____ sports _____ you play? — I go running.



F. _____ you _____running? — No, I don´t.



LIVEWORKSHEETS