

Write the correct answers.

1	An _____ person does a lot of activities.
2	When you're _____, you want to eat.
3	Good food and good habits are _____.
4	A _____ person exercises a lot.
5	When you don't sleep, you're _____.

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Match the opposites. (page 56)

active	hungry	healthy	fit	ill
				
well	thirsty	unfit	lazy	unhealthy