

NAME :

CLASS :

PULSE 2 UNIT 9.0 TAKE CARE

LISTENING PRACTICE PAGE 97

THE A – Z OF TEENAGE HEALTH

Exercise 5

Listen to two phone calls to the helpline. Who isn't very active?

Exercise 6

Complete the doctor's notes.

Name : (1) David

Problem(s) : (2) Backache

Likely cause : carrying his school bag on (3) one shoulder.

Advice : carry school bag correctly, carry fewer (4) in the bag.

Name : Molly

Problem(s) : (5) (6)

Likely cause : spending too much time on her computer

Advice : spend less time playing (7) computer games, do more (8) exercise.