

Name: _____ Date: _____

HEALTH AND FAMILY LIFE VALUES

A **value** is a measure of worth or importance a person attaches to something or a strong held belief; our values are often reflected in the way we live our lives.
e.g. education is important



A. Write **true** or **false** for each statement. [1 point each]

1. _____ Having values are important.
2. _____ All values are positive.
3. _____ Different people will have different values.
4. _____ Values do not help us to make decisions.

B. Rank your values!

Write your values from the box on the left in order of importance on the right.
Remember, there are no right or wrong answers. [1 point each]

- ✓ Getting good grades
- ✓ Preparing for my future
- ✓ Being popular with my friends
- ✓ Pleasing God
- ✓ Having a lot of money

1. _____
2. _____
3. _____
4. _____
5. _____

1. Write the definition of the word "**value**". [1 point]

- C. 1. Drag and drop the word from the box to the action shown. [6 points]
2. Then click on the pictures that show positive values. [4 points]

hug friends

pray

share food

Fight

raise your hands

disrespect

