

Name _____ Gr: _____ Date: _____



Cold Drinks

1. Eggnog is an example of a _____.
2. Another name for soft drinks are _____.
3. _____ is the most complete food known to exist naturally.
4. Fruit _____ has very little water and/or sugar added.
5. Consuming too much sugary drinks can lead to _____.
6. Fruit drinks have _____ fruit juice added.
7. Two types of milk are _____ and _____.
8. A fruit punch can be both _____ and _____.
9. Which cold beverage is made with carbonated water. _____.
10. All beverages provide _____.
11. A daiquiri is an example of a _____.
12. When should soda be added if making punch _____
13. Tampico and Fruta are examples of _____.
14. Name the main nutrient found in the following beverages:
 - a) Lemonade _____
 - b) Milk shake _____

