

The 6 Food Groups

Select the foods that belong to each group.

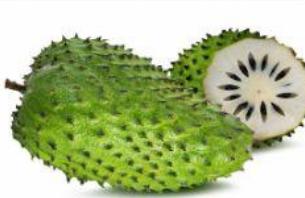
Staples



Legumes and Nuts



Fruits



Vegetables



Food from Animals



Fats and Oils

