

Listening 2

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3  **Track 59** Alex and Jackie are co-workers.

Listen to the conversation. ► 0:00 / 0:51 ⏸

Which problems in **activity 1** does Jackie mention?

4 Work with a partner.

Read Alex and Jackie's conversation below.

Write the phrases from the yellow box in the spaces.

you shouldn't have
you should relax
you should clean it
you should stand up
you shouldn't sit down



Alex: Hi, Jackie.

Jackie: Oh, hi, Alex.

Alex: How's everything with your new job?

Jackie: I like it, but I'm sitting in front of a computer all day.

I've got stiff shoulders, and my hands hurt.

Alex: Hmm. _____ your shoulders and hands.

_____ for long periods of time.

Jackie: I see. I'll try doing that. Also, I sometimes feel tired, and my eyes hurt.

Alex: That happens to me too. If you work on a computer, I think

_____ a dirty screen. _____ every day. Also, _____ when you're tired.

Jackie: Thanks for your help. See you at lunch?

Alex: Yeah, OK.