

NAME: _____ DATE: _____

DISEASES OF THE CIRCULATORY SYSTEM

1. Answer these TRUE and FALSE statements about circulatory system diseases from the notes on your PowerPoint entitled: **Diseases of the Circulatory System 2020.**
 - a. Hypertension is abnormally high blood pressure. _____
 - b. If your heart is beating faster or slower than normal, you may have an arrhythmia. _____
 - c. You should only wait till you are an adult to start caring about the health of your heart. _____
 - d. A pain on the right side of your chest signals a possible heart attack. _____
 - e. When determining if a person is having a stroke, follow the acronym BE FACE. _____
 - f. There are many symptoms of hypertension e.g. loss of hearing. _____
 - g. A blockage of cholesterol and fat in the arteries is called a plaque. _____
 - h. A stroke only damages the entire brain or not at all. _____
 - i. Exercising can lead to circulatory system diseases. _____
 - j. Everyone, including you, has blood pressure. _____

2. Research the answers to these TRUE and FALSE statements about circulatory system diseases. **SURPRISING...**
 - a. During a heart attack, the heartbeat goes to zero. _____
 - b. Heart attacks kill more men than women. _____
 - c. By reducing your salt and fat intake you can reduce risks to your heart. _____
 - d. Circulatory diseases only affect the elderly. _____
 - e. Low doses of aspirin can help to prevent another heart attack. _____
 - f. Obesity is the biggest cause of heart attack. _____
 - g. Heart disease kills more women than breast cancer. _____
 - h. Red wine in moderation can lower your chances of heart disease. _____
 - i. A non-smoker cannot get high blood pressure. _____
 - j. Vegetarians never have circulatory diseases. _____