

Let's Change Our Lifestyle



Listen and complete the information



Eddy: _____, Andrea! Can I ask you some questions?
Andrea: Of course, Eddy. Ask me.
Eddy: _____ is your favourite sport?
Andrea: My favourite sport is skateboarding. I love it.
Eddy: How often do you go skateboarding?
Andrea: Twice a week in the _____
Eddy: _____ do you skate?
Andrea: In the local skatepark.
Eddy: Do you meet any friends there?
Andrea: No, I do it on my own.



Eddy: Basilio! It's nice to see you!
Basilio: Hi, Eddy! _____ to see you too.
Eddy: What is your favourite sport?
Basilio: My favourite sport is running. I love it.
Eddy: How often do you go _____?
Basilio: Three times a week in the evening.
Eddy: Where do you run?
Basilio: In the park in front of my _____
Eddy: Do you meet any friends for running?
Basilio: No, I do it on my own.



I go _____ twice a week in the morning.

I go _____ three times a week in the evening.



Choose the correct option

Write "B" or "A"

Example:

I go running. It's my favourite sport.

☒ B

1. I go skateboarding. I love it.

☐

2. I do it twice a week.

☐

3. I do it three times a week.

☐

4. I go running in the park.

☐

5. I go skateboarding in the skatepark.

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