LISTEN AND CHOOSE THE WORDS YOU HEAR

Headache stomachache toothache allergy sick

LISTEN AND SELECT THREE ADVICE ABOUT PREPARING FOR THE EVENT

Do more exercise

Eat more fruit/ vegetables

Sleep more

Eat less junk food

Watch less TV

LISTEN AND TICK IN THE BOXES TRUE OR FALSE

STATEMENTS	TRUE	FALSE
1. He wanted to do sports because of his friends.		
2. Taking up sports was easy.		
3. He takes part in this event only in Viet Nam.		
4. In this event, you swim, run, and climb.		
5. This event uses more than 6,000 calories.		

LIVEWORKSHEETS