

**A. LANGUAGE CONTENT:**

1. Tenses: The present simple tense; The present perfect tense; The past simple tense; The future simple tense
2. Compound sentences
3. Imperatives with MORE and LESS
4. Verbs of liking + V-ing
5. Sounds: /ə/ & /3:/; /f/ & /v/; /k/ & /g/
6. Vocabulary about Hobbies, Health, Community service.

**B. PRACTICE:**

**Task 1: Find the word which has a different sound in the underlined part.**

- |                        |                        |                       |                     |
|------------------------|------------------------|-----------------------|---------------------|
| 1. A. <u>s</u> urprise | B. Th <u>u</u> rsday   | C. <u>n</u> urse      | D. <u>b</u> urn     |
| 2. A. <u>c</u> alorie  | B. <u>c</u> arve       | C. <u>c</u> ollege    | D. <u>c</u> enter   |
| 3. A. <u>c</u> ollect  | B. <u>c</u> oncern     | C. <u>c</u> oncert    | D. <u>t</u> utor    |
| 4. A. ab <u>s</u> ent  | B. gov <u>e</u> rnment | C. de <u>p</u> endent | D. <u>e</u> njoy    |
| 5. A. <u>w</u> ord     | B. <u>w</u> onder      | C. <u>w</u> ork       | D. <u>w</u> orst    |
| 6. A. <u>b</u> urst    | B. <u>c</u> urtain     | C. <u>f</u> urniture  | D. <u>c</u> ure     |
| 7. A. <u>b</u> urn     | B. <u>s</u> un         | C. <u>h</u> urt       | D. <u>t</u> urn     |
| 8. A. <u>n</u> urse    | B. <u>p</u> icture     | C. <u>s</u> urf       | D. <u>r</u> eturn   |
| 9. A. <u>s</u> ofa     | B. <u>a</u> way        | C. <u>b</u> anana     | D. <u>o</u> ccasion |
| 10. A. <u>c</u> ancel  | B. <u>c</u> eiling     | C. <u>c</u> alling    | D. <u>c</u> upboard |

**Task 2: Choose the best answer:**

1. Jim thinks arranging flowers is more boring than \_\_\_\_\_ stamps.  
A. buying      B. swimming      C. collecting      D. writing
2. Minh likes playing board games, \_\_\_\_\_ his brother likes reading.  
A. or      B. because      C. so      D. but
3. They \_\_\_\_\_ trees in public areas recently.  
A. plant      B. planted      C. have planted      D. will plant
4. I think you should take up swimming \_\_\_\_\_ it is suitable for your health condition.  
A. so      B. because      C. although      D. but
5. She \_\_\_\_\_ street children in the neighborhood since last month.  
A. tutor      B. tutors      C. tutored      D. has tutored
6. My brother doesn't like ice-skating because he thinks it is \_\_\_\_\_.  
A. danger      B. in danger      C. dangerous      D. endangered

7. You need to be \_\_\_\_\_ to follow eggshell carving because it may take two weeks to complete one shell.  
A. careful      B. interested      C. fit      D. patient
8. If you choose sewing as your hobby, you can \_\_\_\_\_ your own clothes.  
A. do      B. make      C. take      D. get
9. Go Green encourages people \_\_\_\_\_ rubbish and \_\_\_\_\_ streets.  
A. recycle-clean      B. recycling-cleaning      C. to recycle-cleaning      D. to recycle-clean
10. Rob eats a lot of fast food and he \_\_\_\_\_ on a lot of weight.  
A. takes      B. puts      C. spends      D. brings
11. We need to spend less time \_\_\_\_\_ computer games.  
A. play      B. to play      C. playing      D. to playing
12. Do more exercise \_\_\_\_\_ eat more fruit and vegetables.  
A. but      B. or      C. and      D. so
13. After working on computers for long hours, you should \_\_\_\_\_ your eyes and relax.  
A. sleep      B. sleep in      C. wake      D. rest
14. Watching too much television is not good \_\_\_\_\_ you or your eyes.  
A. with      B. to      C. at      D. for
15. When you have flu, you may have a cough and a \_\_\_\_\_ nose.  
A. itchy      B. running      C. flowing      D. noisy
16. When you have a temperature, you should drink more water and rest \_\_\_\_\_.  
A. most      B. more      C. most      D. less
17. "This weekend I'm going to the SOS village to teach the children there". – "I \_\_\_\_\_ you"  
A. join      B. am joining      C. will join      D. have joined
18. He has bought lots of fruits and milk for \_\_\_\_\_ people in this hospital.  
A. sick      B. sicked      C. sickness      D. sick
19. We should join our hands to help \_\_\_\_\_ because they are so poor.  
A. the homeless      B. the rich      C. the happy      D. the old
20. Clean air provides us \_\_\_\_\_ a healthy supply of oxygen.  
A. to      B. from      C. with      D. by

**Task 3: Find a mistake in each sentence.**

1. I find carve eggshells boring because it takes a lot of time to complete one shell.  
A      B      C      D
2. I take up this hobby when I came back home from the Art Gallery.  
A      B      C      D

3. I think playing volleyball interest because it is a team sport .

A B C D

4. Would you like seeing a movie with me tonight?

A B C D

5. In my opinion, more people played monopoly in the future.

A B C D

**Task 4. Choose the word or phrase that is CLOSEST in meaning to the underlined part in each sentence.**

1. He often eats fatty food, so he has put on a lot of weight recently.

A. controlled B. decreased C. lost D. gained

2. If you are going out tonight, you will have to count me out.

A. exclude me B. number me C. persuade me D. ask for my permission

3. Solving that math problem was a piece of cake to me. I just needed two minutes.

A. very hard B. very cheap C. very delicious D. very easy

4. Bao is very interested in watching cartoon on TV.

A. tired of B. fed up with C. fond of D. sick with

**Task 5. Choose the word or phrase that is OPPOSITE in meaning to the underlined part in each sentence.**

1. Although they are not forced to, American still volunteer when they have time.

A. compulsory B. optional C. busy D. free

2. Your mother will be very proud when she sees you here.

A. excited B. disappointed C. happy D. worried

3. It's quite different to be there in person.

A. interesting B. similar C. fantastic D. happy

4. I had flu two weeks ago. I felt so weak.

A. tired B. sick C. awake D. strong

### C. READING:

**Task 6. Choose the correct answer A, B, C or D to fill each blank in the following passage.**

Mr. Brown and some (1)\_\_\_\_\_ are on a very dirty beach now. Today they are ready to (2)\_\_\_\_\_ the beach a clean and beautiful place again. After listening to Mr. Brown's instructions, they are divided into three groups. Group 1 needs to walk along the beach. Group 2 should check the sand, (3)\_\_\_\_\_ group 3 has to check among the rocks. Garbage must be put into plastic bags, and the bags will be collected by Mr. Brown. He will take the bags to the garbage (4)\_\_\_\_\_. They all are (5)\_\_\_\_\_ to work hard to refresh this area.

1. A. voluntary B. volunteers C. volunteering D. volunteer

2. A. make B. get C. do D. change

3. A. so B. but C. although D. and



- |                |                |          |          |
|----------------|----------------|----------|----------|
| 4. A. dump     | B. yard        | C. area  | D. place |
| 5. A. exciting | B. interesting | C. eager | D. bored |

**Task 7. Choose the correct answer A, B, C or D to answer the questions.**

A. Calories are units of energy. They refer to the amount of energy you get from foods and drinks, and the amount of energy you use through physical activities. For example, an apple has about 80 calories, while a 1.6 km walk might use up 100 calories. Calories are important for human health, and the key is having the right amount of it.

B. Everyone needs different amounts of energy per day depending on age, size and activity levels. An athlete needs more calories than an office worker. To stay in shape, an average adult requires at least 1,800 calories per day (according to the Food and Agriculture Organization of the United Nations). If we eat just the number of calories our body needs each day, we will probably be healthy. However, eating too much can make you put on weight. To lose weight, eat fewer calories than your body burns each day.

C. These are some experts' tips to reduce calorie intake. First, you must know how many calories you need each day and always count them in your diet. Have small frequent meals and drink more water too. This will help you feel less hungry. Furthermore, avoid all sugary drinks and junk food. They are high in energy but low in nutritional value.

**1. What are calories?**

- |                              |   |
|------------------------------|---|
| A. They are units of energy. | B. They are the amount of energy.                   |
| C. They are important.       | D. Each person needs different amounts of calories. |

**2. How many calories does an apple contain?**

- |                       |                      |
|-----------------------|----------------------|
| A. 100 calories       | B. About 80 calories |
| C. About 160 calories | D. None are correct. |

**3. What factor decides the amount of energy a person needs each day?**

- |        |         |                    |                     |
|--------|---------|--------------------|---------------------|
| A. Age | B. Size | C. Activity levels | D. All are correct. |
|--------|---------|--------------------|---------------------|

**4. What is a healthy number of calories per day?**

- |                          |                      |                   |                      |
|--------------------------|----------------------|-------------------|----------------------|
| A. At least 160 calories | B. About 80 calories | C. At least 1,800 | D. None are correct. |
|--------------------------|----------------------|-------------------|----------------------|

**5. What happens when we eat too many calories?**

- |                         |                                  |
|-------------------------|----------------------------------|
| A. We can put on weight | B. We will be healthy.           |
| C. We can lose weight.  | D. We can reduce calorie intake. |

**D. WRITING: Task 8: Make up sentences using the words and phrases given:**

**1. She/ enjoy/ read/ books.**

- |                              |                             |
|------------------------------|-----------------------------|
| A. She enjoys to read books. | B. She enjoy reading books. |
| C. She enjoys reading books. | D. She enjoy to read books. |

**2. She/ start/ the hobby/ when/ she/ 6.**

- |  |   |
|--|---|
| A. She started the hobby when she was 6. | B. She starts the hobby when she will be 6. |
| C. She started the hobby when she is 6.  | D. She starts the hobby when she 6.         |

**3. Our brother/ share/ the hobby/ her.**

- A. Our brother share the hobby to her.                      B. Our brother shares the hobby to her.  
 C. Our brother share the hobby with her.                  D. Our brother shares the hobby with her.
4. She/ think/ read books/ interesting/ useful.  
 A. She think reading books is interesting and useful.  
 B. She think read books is interesting and useful.  
 C. She thinks reading books is interesting and useful.  
 D. She think reads books is interesting and useful.

**Task 9: Rewrite the sentences with the same meaning.**

**1. I started studying English 3 years ago. → I have.....**

- A. start studying English 3 years ago.                      B. studied English 3 years ago.  
 C. start studying English for 3 years.                      D. studied English for 3 years.

**2. When did you have it? → How long.....**

- A. have you had it?    B. have you have it?  
 C. did you had it?    D. did you have had it?

**3. She started driving 1 month ago. → She has.....**

- A. drove since 1 month                                      B. drove since 1 month ago  
 C. driven since 1 month                                      D. driven for 1 month

**4. Mr. Binh has recycled rubbish for two years. → Mr. Binh started.....**

- A. recycled rubbish for two years.                      B. recycle rubbish for two years.  
 C. recycling rubbish for two years.                      D. recycling rubbish two years ago.

**5. She likes learning Maths => She is.....**

- A. interested in learning Maths                      B. interesting in learning Maths.  
 C. keen of learning Maths                              D. boring with learning Maths