

AFTER-CLASS PRACTICE

Please do the exercises below after class.

READING

Exercise 1

A. PREVIEWING VOCABULARY Here are some words from the reading on the next page. Look at the photos and read the sentences. Then write each bold word next to the correct definition.

- a. I use **ingredients** from my garden - tomatoes, peppers, and onions. I like **fresh** vegetables, not canned or frozen ones.
- b. Weddings are a **special** time for people around the world. Most people **celebrate** their marriages by having a large party for their friends and family.
- c. Cookouts are **popular** for summer holidays. Some **traditional** menus include grilled beef or chicken, potato salad, and fresh watermelon.
- d. In Argentinian **culture**, Constitution Day is a holiday in May. Families **prepare** pastelitos, delicious fried cookies. They often enjoy them with a cup of hot tea.



1. _____ (adjective) not usual or ordinary
2. _____ (adjective) not frozen or in a can
3. _____ (verb) to make (a dish or s meal)
4. _____ (verb) to do something fun for holiday
5. _____ (adjective) liked or enjoyed by a lot of people
6. _____ (noun) the things you use to make a meal
7. _____ (adjective) habits, ideas, or beliefs of a country
8. _____ (adjective) based on a belief or a habit that started in the past and continues now

B. PREVIEWING THE PASSAGE Look quickly over the reading passage on the next page. Check (✓) true statements.

- ☐ 1. The topic of this article is food in the United States.
- ☐ 2. There is a paragraph about a garlic festival.
- ☐ 3. There is a paragraph about a type of fish called herring.
- ☐ 4. The article describes food festivals in different countries.
- ☐ 5. The topic of this article is unusual vegetables.



Celebrating with Food



1 People all around the world like to **celebrate** holidays, weddings, and the start of a new season with **special** food. Some **cultures** even celebrate food with special festivals! They can be fun and funny, but most of all, they're delicious.

2 One big food event, the Gilroy Garlic Festival, happens in July. The area around the town of Gilroy, California, produces huge amounts of garlic. Every year, over 4,000 volunteers provide food and entertainment for over 100,000 guests. Cooks **prepare** and sell many different types of dishes, all containing garlic. You can even buy garlic popcorn and garlic ice cream.



3 The International White Truffle Fair happens in October in Alba, Italy. At the fair, visitors enjoy eating truffles, a kind of fungus. Truffles are a delicious **ingredient** in omelets, pasta, risotto, and rice. They can be very expensive; they sometimes cost \$3,000 per pound (0.45 kilograms)!

4 A very **traditional** food festival happens in Helsinki, Finland. The Baltic Herring Festival is over 270 years old and celebrates a **popular** fish, the herring. For one week in the month of October, fishermen sell fried herring, herring soup, herring sandwiches, and even herring pizza. You can buy **fresh** herring, too, and then take it home and make your own recipe. Other people sell handmade crafts and warm, wool clothes for the winter.



5 Finally, a very popular festival happens in Gloucestershire, UK. This festival, called the Cooper's Hill Cheese-Rolling and Wake, is over 200 years old. Organizers of the event buy a large piece of cheese. It weighs over six pounds (2.72 kilograms). Then they drop it down a hill. As spectators watch and cheer, young men run down the hill after the cheese. There are ambulances at the bottom of the hill because people often fall and sometimes get hurt. Cheese-rolling is dangerous, but it is a lot of fun.

C. IELTS TASK: MATCHING FEATURES Look at the following statements (1 - 6) and the list of festivals (a - d) below. Match each statement 1 - 6 with the correct category a - d.

NB You can use any letter more than once.

Festivals

- a. Gilroy Garlic Festival
- b. International White Truffle Fair
- c. Baltic Herring Festival
- d. Cooper's Hill Cheese-Rolling and Wake

1. Some people who take part in this festival get injured.
2. Apart from food, you can also find clothing for cold weather.
3. There are thousands of voluntary helpers.
4. The food may cost a lot of money.
5. You can find dishes made from fish.
6. People chase food rolling down a hill.

D. IELTS TASK: SENTENCE COMPLETION Complete the sentences below. Write **NO MORE THAN ONE WORD AND/ OR A NUMBER** for each answer.

1. People love to _____ special occasions with particular food.
2. Gilroy, California is where people grow a lot of _____.
3. In the festival, _____ make many garlic recipes.
4. The International White Truffle Fair in Alba, Italy, takes place in the month of _____.
5. Truffles are a tasty _____ in many different dishes.
6. The Baltic Herring Festival is more than _____ years old.





E. IELTS TASK: SUMMARY COMPLETION Complete the summary below. Write **NO MORE THAN THREE WORDS OR A NUMBER** for each answer.

Some special festivals are celebrated with food. One of them is the Gilroy Garlic Festival in Gilroy, California, known for producing (1.) _____ garlic. This festival offers food with garlic and (2.) _____ for a big crowd. Another food festival is the International White Truffle Fair in Italy. In this festival, people can try truffles, a type of expensive (3.) _____ that is an ingredient in many dishes. Another festival is the Baltic Herring Festival in Helsinki, Finland, celebrating a common fish, herring. You can buy either (4.) _____ or food made from it. The last one is the Cooper's Hill Cheese-Rolling and Wake in Gloucestershire, UK. The main activity here is to run after a big piece of (5.) _____ rolling down the hill.

F. UNDERSTANDING PARAPHRASE Find synonyms and paraphrases in the passage for the following words or phrases (which all appear in the questions in Activities C - E).

1. get injured (Para. 5) _____
2. clothing for cold weather (Para. 4) _____
3. thousands of voluntary helpers (Para. 2) _____
4. cost a lot of money (Para. 3) _____
5. dishes from fish (Para. 4) _____
6. chase (Para. 5) _____
7. a type of (Para. 3) _____
8. special occasions (Para. 1) _____
9. grow (Para. 2) _____
10. a lot of (Para. 2) _____
11. takes place in (Para. 3) _____
12. tasty (Para. 3) _____
13. more than (Para. 5) _____
14. a big crowd (Para. 2) _____
15. food made from [herring] (Para. 4) _____