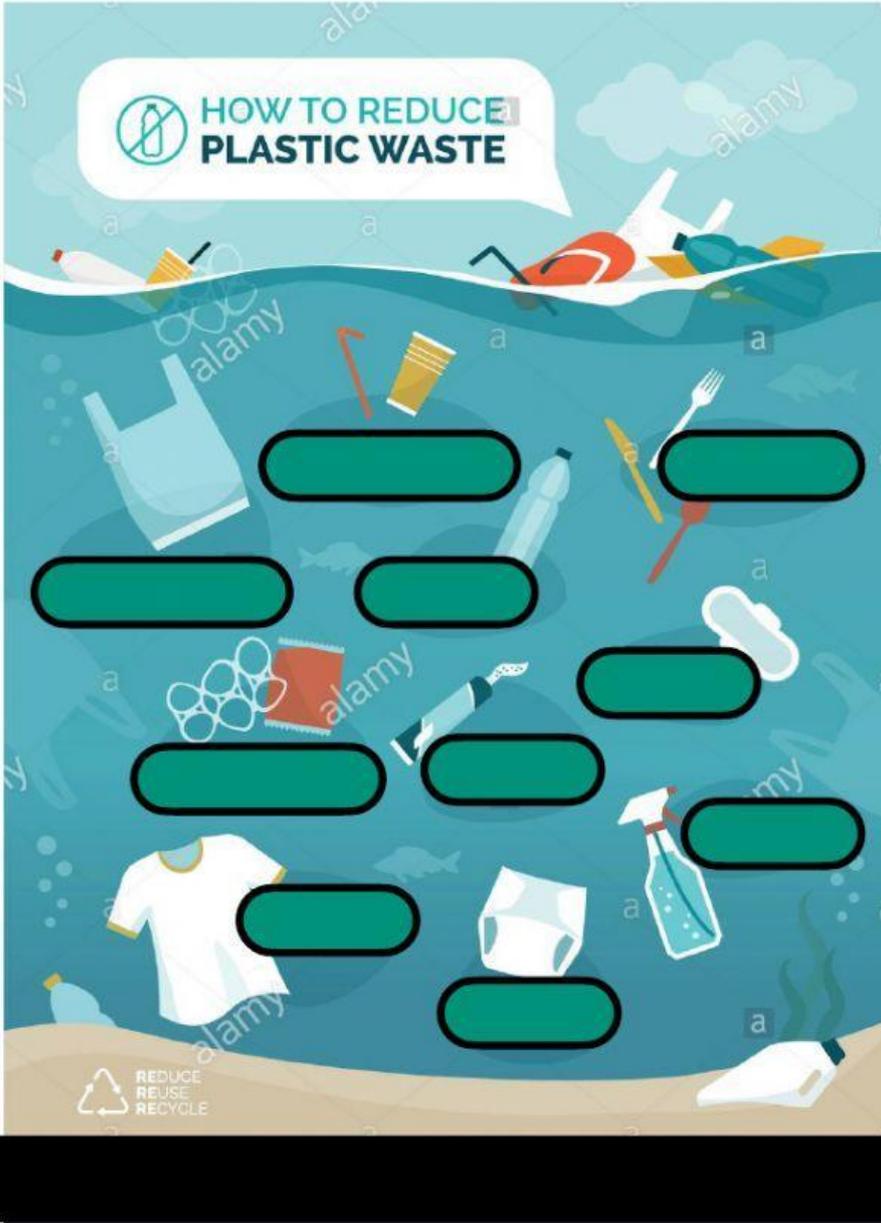




HOW TO REDUCE PLASTIC WASTE



say no to disposable cups and straws

choose reusable shopping bags

do not use disposable cutlery

choose plastic free packaging

avoid cosmetic products with microplastics

avoid bottled water

use cloth diapers

do not buy synthetic clothing

use less detergents

choose reusable pads