

GRAMMAR WORKSHEET

ADVERBS of FREQUENCY



• always	100%	• I <i>always</i> watch TV at night.
• almost always	95%	• She <i>almost always</i> eats breakfast.
• usually	75%	• Mike <i>usually</i> gets up late.
• often	50%	• I <i>often</i> exercise in the morning.
• sometimes	25%	• They <i>sometimes</i> go to Starbucks.
• seldom	5%	• I <i>seldom</i> see him.
• rarely	5%	• I <i>rarely</i> see him.
• hardly ever	5%	• I <i>hardly ever</i> see him.
• never	0%	• We <i>never</i> come to class late.

- Fill in the blanks below with the best adverbs of frequency (some sentences may have more than one answer).

- My brother is never sad. He's always happy.
- I was late for work only one time last year. I'm _____ late.
- Mary failed only one test in high school. She _____ passed her tests.
- I always remember to do my homework. I _____ forget to do it.
- Steven seldom goes to a cinema. He _____ sees movies.
- Judy saw a doctor for the first time in three years. She _____ gets sick.
- I get up at five o'clock seven days a week. I _____ get up early.
- It's always hot and sunny where I live. That's why I _____ see snow.
- A: Do you ever drink coffee? B: Yes, but only _____, not often. Just a few times a week.
- My sister almost never eats burgers and fries. She _____ eats healthy foods.
- I _____ take a bus to class, maybe three or four days a week.
- A: Do you ever watch action movies? B: No, never. Well, I watched an action movie a few years ago, so I guess should say _____