

A decorative border surrounds the worksheet, featuring various food items including watermelon slices, strawberries, blueberries, corn cobs, ice cream cones, sandwiches, burgers, fries, and bowls of cereal. The items are arranged in a repeating pattern along the top, bottom, and sides of the page.

STUDENTS' NAMES:

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HEALTHY FOOD NAME:

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CALORIES: calories.

SUGAR: grams.

FAT: grams.

TRANS FAT: grams.

VITAMINES: grams.

UNHEALTHY FOOD NAME:

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CALORIES: calories.

SUGAR: grams.

FAT: grams.

TRANS FAT: grams.

VITAMINES: grams.